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A FAMILY
HAND BOOK
OF
SPECIFIC
TREATMENT
OF DISEASE.



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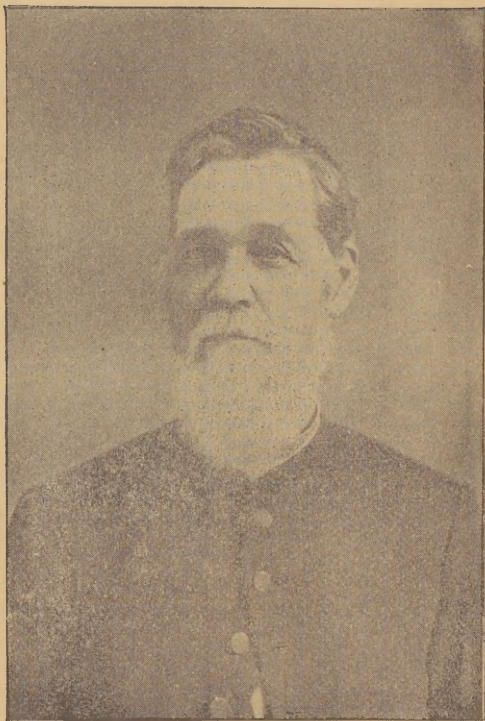
ANNEX

Section _____

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REV. JOHN D. CALDWELL. M. D.

A FAMILY HAND BOOK

OF

SPECIFIC TREATMENT

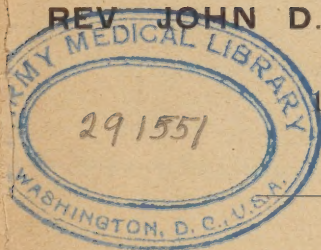
OF

DISEASE.

BY

REV. JOHN D. CALDWELL, M. D.

1894.



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1894.

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Annex
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ALL THE MEDICINES



mentioned in this book
can be obtained in their
utmost purity at the
Pharmacy of

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SAN FRANCISCO,

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"GUIDE TO HEALTH," FREE.

INTRODUCTION.

(a)

Gentle Reader: In the presentation of this little volume to the public, I have no other motive than that it may continue to bless the race, when I am gone, as the treatment, herein commended is doing at the present time through my personal practice.

I have called these remedies Specifics, because they are the identical materials of which we are fearfully and wonderfully made, and they are prepared and presented to the system just exactly as the living organism prepares them; for the constant supply in building up the system by replacing fresh material for that which has served its purpose and has perished and passed away.

This use of remedies, as well as the remedies themselves, is the latest and best result of research in this field of thought, by the very best talent and the ablest scientists of this age and is logically absolutely perfect, as close observation and deep scrutiny will verify. The fact that diseases which have been classed as incurable, are cured by it, indisputably, corroborates what its place in the human system would lead us to expect; and the fact that malignancy in diseases disappears as if by magic, and the patient, who has been given

over to death by physicians and friends alike, shows signs of convalescence, and in a short time is pronounced out of danger, gives us satisfaction and courage in very hopeless cases. Incipient Tuberculosis, Malignant Diphtheria where other treatment failed, Diabetes Melletes etc., have been cured by it and all the worst common diseases, which have been so fearfully fatal, lose their grip and become comparatively harmless, when combatted with these Specifics.

(b)

THE ADVANTAGES OF SPECIFICS:—Being, as we know by the most searching analysis in every possible way, the identical materials of which the whole body is built in all its parts, and the only ones, and the whole of them, it is easy to see that we have all the material that can be used. Again, The conditions of ill health and the pains, irritations, disabilities uneasiness and all the unpleasantness of such condition are the cravings of the system for the supply of materials to nourish the diseased part, which for *cause*, has become exhausted in whole or in part, just as hunger is the craving of the stomach for food, or thirst for drink.

Then it follows that when the material is artificially supplied in such form as to find its way without hindrance into the circulation: just as soon as the blood carrying the necessary material reaches the famishing part, the process of rebuilding commences, and as rapidly as the work goes on, all the signs of disease begin to fade away

and soor. health is restored. There remains no effect of revulsive measures, there is no medicinal disease, no debility from which it requires five² or six months to recover. Not an iota of injury wrought in or on the system. Recovery is complete.

(c)

HOW TO USE THE SPECIFICS:—I have given specific directions for the treatment of all common diseases, in alphabetical order, in the body of the book, but some general hints are necessary.

DOSE:—Three to five grains of the powder is a dose for an adult—or a powder as large as a pea, one-half that quantity for a child under seven years, one-fourth for an infant.

FORMS OF PREPARATIONS:—There are three forms of preparations, tincture, pellets and powders. The pellet or drop of tincture contains a grain of medicine in powder form. For all practical purposes, the powders are the most convenient. The strength of medicines is noted by x preceded by a number, as 3x, 6x, 12x, or 30x, which means the third, sixth, twelfth or thirtieth decimal of potency. For all practical purposes the sixth is found to be the most desirable. When ordering, always state what potency you wish; thus, Specific No. 1, 6x.

(d)

HOW TO ADMINISTER:—In diseases in which the waste is not rapid, a dose every two hours is

considered sufficient, but I have found better satisfaction in small doses often repeated. In chronic affections, the powder may be taken dry on the tongue. In lock-jaw, paralysis of the tongue or in cases where the patient cannot swallow, the medicine may be rubbed on the gums or put in the mouth where it will dissolve. In acute diseases that take rapid courses and carry away vitality at a fearful rate, there should be a dose given every five minutes. In such cases, I put a teaspoon half full of powder in half a glass of water: dose, a teaspoonful every five minutes to one-half hour according to the severity of the symptoms, and continue the remedy as long as called for or required. When better, take less often.

ALTERNATION OF REMEDIES:—Any number of remedies may be alternated with grand results, when they are indicated. These remedies do not interfere with remedies of different schools. The indicated Homœopathic remedies alternated with the Specific for the same trouble, do well. In any case when you cannot be certain which of two or more is the right one, give them both or all alternately, five to thirty minutes apart, and continue till you get result. I may be criticised for such teachings, but I have good reasons. In the first place, if the wastes in the system are to be built up by the blood, it is plain that when the needed material is supplied, in a continual stream of food for the the deficient part of the system, will every

moment be adding the needed supply, and the process will be more rapid than it can possibly be by large doses far apart. But secondly; actual test at the bedside decides in favor of small doses, often repeated.

Study well the directions given under individual diseases add use your best judgment and administer hopefully and fearfully. These remedies are food and not poison; they build up but never tear down, and cure always if the vital powers have not ceased to appropriate nutrition.

It is with real satisfaction and joy that I place this little volume in your hands as a guide to health and happiness, knowing as I do the clouds, over many a home, that it will dissolve and drive away; the anxiety that it will relieve; the burdens that it will throw off of many a lady who has been taught that she must bear and suffer as long as she lives - when as if by magic, the cause of all her woes has mysteriously faded away.

(e)

HOW TO ORDER MEDICINES:—I have made special arrangements with Boericke and Runyon, 234 Sutter St. San Francisco, Cal., and their branch house, 303 Washington St. Portland Oregon, to sell to the owners of my book at ten per cent. discount, all the medicines that are recommended in my treatment. Their advertisement is in this book. It is most economical to order an ounce of each remedy needed, by mail. The retail price at pres-

ent is fifty cents (50), ten per cent. off will make it forty-five (45c). An ounce contains, three hundred doses (300) or more and will last, in ordinary cases, a whole family from three to six months. It will be a good plan, when you get your book, at once, to make a careful study of the whole book, with a particular reference to your personal prospective wants, in specifics for the line of ailments you are most naturally liable to, or already suffering, and order them at once, that you may have them when needed. There is no danger of their deterioration if kept well corked and away from sunlight. As elsewhere stated, they are used in 6th potency as No. 1 6x and must be so designated or they will be sent 3x. Be sure to claim your discount you are entitled to it, for all time to come. Order Dr. Caldwell's Specifics No. 1 6x etc.

(f)

Now dear reader, I have earnestly and faithfully as far as in me is, endeavored to guide you through all the changes of physical life, to aid you in escaping dangers that lie thick at every turn, to overcome them when they can be avoided and to suffer patiently until relief comes. And I feel perfectly assured that the treatment here laid down will relieve and deliver from nine-tenths of the ills that are ordinarily suffered, and very greatly alleviate the other tenth; whilst at the same time it will brighten the eye and give zest to the

enjoyments of life otherwise clouded by disease, and actually promote longevity.

And notwithstanding all these temporal blessings, in the end, the great Conqueror will claim the victory, the battle, though well fought and many a victory bravely won. There will inevitably creep on, the decrepitude of age, and the end of our earthly career will loom up in our western horizon and we will stand like a shock of corn fully ripe ready to be gathered into the garner of our Lord, provided our spiritual health has been cared for properly.

I am so glad to introduce to you the great Physician of souls. There is a balm in Gilead that is absolutely a Specific that never fails. There is a Physician there that never errs. He is the house Physician in the home of the soul. They need not the light of sun or moon, there is no night there. The inhabitant never says I am sick. There is one eternal round of joy unspeakable and full of glory because of the fact of perennial youth in the presence of the Lamb.

(g)

SPECIAL DIRECTIONS FOR THE SICK ROOM:—
First, ascertain the remedies that are to be given. Examine carefully to find out the exact condition of the patient, which will be clearly marked by the prominent symptoms. Find these symptoms in your book, and their remedies and when you have found them all, get as many glasses or cups as

there are remedies to be given. Fill them half full of pure water, putting half a teaspoonful of the powder of each remedy in its own respective glass and stir till well dissolved; give in $\frac{1}{2}$ teaspoon full doses alternately five to thirty minutes apart, in very bad cases, or fifteen minutes to one hour apart in less severe cases. In acute cases there should not elapse, more than one hour between the doses of the same remedy. Thus: If two remedies are alternated they should come every thirty minutes. If four remedies are given at once, they should come every fifteen minutes, etc. Put the spoon on the glass of medicine, next to be given, and you will always know which to give. Let the medicine be given as regularly as the clock ticks, unless natural refreshing sleep occurs, then resume as soon as the patient wakes. As improvement takes place the medicine may be given less frequently.

Cover the glasses with card boards and don't leave the spoons in them. Do not keep the powders in contact with printer's ink, but keep in bottles or clean paper. If the patient is not confined to the house, the medicine may be taken dry on the tongue, each kind not more than two hours apart. In chronic ailments, a dose two or four times a day.

In the treatment of cancers and sores of any kind, local applications, of the internal remedies taken, dissolved in warm water will hasten the

cure. For disorders of the stomach and bowels, cramps or neuralgia the medicine should be given in warm water.

Keep the sick room well ventilated, but don't let the wind blow in the patient's face. Anything may be done which will administer to the patients comfort. Keep all the clothing sweet and clean. Avoid physic.

LIST OF REMEDIES USED IN THIS BOOK.

NO.	NAME.	POTENCY	ABBREV.
I	Calcium Phosphoricum,	6x	C. P.
II	Calcium Sulphuricum,	6x	C. S.
III	Calcarea Fluorica,	6x	C. F.
IV	Ferrum Phosphoricum,	6x	F. P.
V	Kali Muriaticum, Chloride not Chlorate,	6x	K. M.
VI	Kali Phosphoricum,	6x	K. P.
VII	Kali Sulphuricum,	6x	K. S.
VIII	Magnesia Phosphorica,	6x	M. P.
IX	Natrum Muriaticum,	6x	N. M.
X	Natrum Phosphoricum,	6x	N. P.
XI	Natrum Sulphuricum,	6x	N. S.
XII	Silicia,	6x	Sil.

Mercurius sub-corrosivus 4x, to alternate with the proper Specific when desirable for obstinate chronic catarrhal cough, cold, leucorrhœa or dysentery, or toothache with sore swollen gums.

Lycopodium, 3x in flatulent colic.

Chelidonium, major in jaundice and liver troubles with pain under the right shoulder blade.

Podophyllum Peltatum, 3x, for morning diarrhoea.

Veratrum Album, 3x in very severe cases of palpitation of heart and collapse in dysentery or cholera-morbus, or sinking chills.

Veratrum Viride, 3x in neuralgia of the spinal cord or severe pain in the back of the head and neck.

Spigelia, 3x for neuralgia in the head that comes on in the morning, gradually gets worse till noon, then begins to subside and in the evening disappears.

Calendula, four-fifths water to bathe cuts and lacerated sores or abrasions of any kind.

Marsh-mallow Leaves, cooked soft, is the best poultice in the world for old sores that won't heal. Use in connection with the indicated Specific.

Cimicifuga Racemosa, 3x for pain in the back and across the kidneys with clear and profuse urine also in restlessness and sleeplessness.

All these are to be used in connection with the Specifics. There will never be a necessity for their use if you master the Specifics, but they will prove beneficial in alternation when there is doubt as to the Specific indicated. In order to secure your 10 per cent. off be sure to mention Dr. Caldwell's Book of Specifics, and order the Specifics by number, the others by name and mention the potency, 2x, 3x, 4x, 6x, etc., means 2nd, 3rd, etc. decimal potency, means mother tincture. All these can be had in pellets, powders or tincture. Three to five grains or powder size of a pea, three to five pellets or three to five drops is a full dose. Children or delicate persons one-half. Infants one-fourth.

ABDOMEN—ABSCESS.

ABDOMEN :—Chronic enlargement of the abdomen in children, Specific No. VII, a dose every hour, acute abdominal ailments, pain, fever, heat, throbbing, No IV, a dose every fifteen minutes, if swelling occurs, Nos. IV, V, and X, alternately fifteen to thirty minutes apart according to severity of the attack. Enlargement of the bowels with wasting of flesh No. V, a dose every hour. In all abdominal troubles there should be great attention paid to diet. Abdominal swelling from a chill with pains in the ovarian region No. VII, a dose every half hour.

ABSCESS :—The treatment of this painful and often tedious ailment is very simple and speedily curative by this Specific method. At first when there is restlessness, pain or throbbing, No. IV, a dose every five to fifteen minutes, when swelling occurs, alternate Nos. IV and V, five to fifteen minutes apart, or if suppuration threatens or becomes inevitable, Nos. V and X, one-half hour apart, until all the hard parts are gone. If there is too long continued suppuration No. II, every hour until healed, but if there be very hard edges remaining, No. III, every hour. For restlessness and sleeplessness in severe cases No. VI, a dose every hour or two. This treatment applies, to all kinds of abscesses in any part of the body. For gangrene and putridity No. VI, every five to fifteen minutes.

ACCIDENTS—AGUE.

ACCIDENTS:—Which injure any part of the body, as cuts, lacerations, continuous concussions and sprains, should be promptly treated. At first, No IV, to prevent inflammation, a dose every five to fifteen minutes. When swelling occurs, Nos. IV and V, alternately fifteen to thirty minutes apart. For suppurations, see abscess. Mortification, No. VI, a dose every five minutes, for proud flesh, No. V, a dose every fifteen minutes. It is useful in these cases to use a lotion of the same remedies that are taken internally. Fractures of bones (with surgical aid) Nos. IV, for inflammation of the soft parts, and No. I, to knit the fractured ends, alternately one-half hour apart. For adhesions of any kind from sores or injuries, Nos. IV and V, alternately one hour apart.

AGUE—INTERMITTENT—REMITTENT—FEVERS.

The type that occurs *daily* or *every other* day; has for its constant remedy to be taken all through the disease and in all its stages, No. XI, a dose every hour, during the chill and fever, alternate with No XI, VII (in warm water), one-half hour apart; also if there be persistent *rise* of *fever*, at *night*, or if the patient is worse in the warm room and better in open air, No. VII in same way. Ague patients must abstain from milk diet, eggs, buttermilk, fat and fish.

QUARTAN TYPE CHILL AND FEVERS.

In the quartan type, whose exacerbations occur

every fourth day, the constant remedy to be used every hour all through all the stages of the disease is No. IX, the other remedies indicated to be used *between* the doses of No. IX. During the chill and fever, Nos. VII, and IX, one-half hour apart; for great weakness, nervous exhaustion, sleeplessness, restlessness, bad breath, or foul secretions, Nos. IX and VI, one-half hour, apart, see Intermittent fever. In all kinds of fevers observe the following hints: For the *daily* and *every other day* recurring exacerbations, No. XI is to be used hourly as above. When the chill is slight and the fever severe, *with or without vomiting* of food as eaten, the remedy for the cold and hot stages is No. IV, but if the cold stage is severe and protracted, the skin dry and inactive, nails blue and fingers and feet cold, No. VII. The fever remedies are to be used alternately between the doses of the constant remedies, or the fever remedies Nos. IV, and VII, may be used all through the cold and hot stages alternately five to fifteen minutes apart being omitted when time for the constant remedy to be taken. See Typhoid fever, also fevers.

ACIDITY—ACNE—AFTER PAINS—AMENORRHEA.

ACIDITY:—In all complaints when there is sour smell about any of the secretions, sour sweat, sour risings in the mouth, give No. X. If there be dyspepsia of a chronic nature give Nos. X, and IV, in alternation as a course two hours apart till a cure is effected.

ACNE:—Pimples on the face with thick white contents take Nos. V, and I, in alternation two hours apart. See abscess.

AFTER PAINS:—When excessive cramp like, take No. VIII every fifteen minutes till relieved, often it is best to take it in hot water. If too weak No. III every thirty minutes, if too weak from nervous exhaustion, No. VI, or Nos. VI, and III, may be alternated fifteen or thirty minutes apart.

AMENORRHEA:—(Suppressed Menses.) If there be a white coating on the tongue, No. V, every two hours, if the tongue be coated yellow, No. VII every two hours. With depression of spirits, lassitude or general nervous debility, No. VI, a dose every hour. If the patient be in a decline, or is suffering from anemia (want of rich blood) give No. I, every two hours alternating, whatever other of the above remedies may be indicated and continue till the cure is effected. See cough and expectorations.

ANEURISM—ANGINA PECTORIS.

ANEURISM:—(Enlargement of arteries.) This often occurs in connection with palpitation of the heart and is a serious complication in Angina Pectoris (which see) and is seldom if ever cured by the former modes of treatment, but is readily cured by this Specific treatment, if used promptly and timely and iodide of potash has not been taken. Alternate Nos. III, and IV, one hour apart. Anger (bad effects of). If nervous excitement fol-

low, give No. VI every hour, if digestion is interfered with, or vomiting of food, No. IV, or these may be alternated fifteen or thirty minutes apart, if the liver is disturbed, Nos. IV, and XI alternately one-half hour apart.

ANGINA PECTORIS:—(Breast pang). For the neuralgic spasm, No. VIII in hot water, a dose every fifteen minutes till relief is gained. As constant remedies to be taken one to two hours apart, alternately, use Nos. VI. and III. If there be poverty of blood use frequently, as intercurrents Nos. IV, and I, at the hours between the other remedies.

ANUS, itching of, Nos. III, and X, alternately, two hours apart.

APHTHA, white ulcers in the mouth of infants or nursing mothers, No. V, a dose every hour. If there is much saliva or druling, alternate No. IX, one-half hour apart. If there be offensive breath alternate No. VI. Appetite loss, or with slight feeling of indigestion. On rising the tongue may be covered at the back part with a thin moist creamy deposit or it may feel as if raw or appear as if covered with yellow sugar, with acid conditions No. X, every two hours. If there be uneasiness soon after meals, symptoms of indigestion, or vomiting of food, No. IV, same as above. If there be great nervous depression, No. VI, if there be tardy or slow convalescence alternate with which ever remedies are indicated, No. I, four times a day.

APOPLEXY :—Rush of blood to the head No. IV, put a teaspoonful of the powder in one-half glass of water take a teaspoonful every five minutes untill better, then alternate No. IV, with No. VI, thirty minutes apart till cured, if the system is below par take a course of No. I four times a day till it is restored.

ASTHMA :—To relieve the breathing and depression. No. VI, prepare as under apoplexy, give a dessert spoonful every five minutes till relieved. For perfect cure follow faithfully the following indications and directions. if there be gastric derangement, whitish or grayish fur on the tongue (before eating) and the mucus white, and hard to cough up, No. V, a dose every hour. Alternate No. VI, frequently if there be great depression, if there be profuse frothy mucus No. IX in alternation with No. VI, thirty minutes to an hour apart, if the phlegm is greenish, watery. No. XI, with No. VI as above. When the mucus is yellow and easily coughed up No. VII, with No. VI, as above, if flatulence is troublesome use Nos. VIII, and VI as above. When the cough is very severe and only little yellow plugs can be raised No. III, with No. VI as above.

ATROPHY :—(wasting disease.) No. I. is the chief remedy, a dose every two hours, especially in children and aged people. When putrid smelling stools occur, alternate with Nos. I, and VI. When the blood is decidedly thin and watery, al-

ternate with Nos. I, and IX. Back pain across the loins on waking mornings, Nos. I, and X, alternately, two hours apart, pain in the loins and over the kidneys No. IV, every two hours, pains very acute, darting, boring, shifting about, remittent, No. VIII, every thirty minutes or oftener given in hot water. Pain low down in the back (sacrum) with a feeling of fullness or burning pain and confined bowels, No. III, every two hours. Back ache felt only on moving, No. IV, every hour. Weak back with dragging pain, down bearing. Or simulating spinal irritation, No. III, every two hours, if very acute, every hour. When there is poverty or waterings of blood and much saliva, No. IX, a dose every two hours, if there be enlargement or swelling about the region of the kidneys, No. V, every two hours.

BILIOUSNESS, with bitter taste in the mouth, vomiting of bitter fluids, greenish-brown or greenish-gray tongue, greenish diarrhoea or dark bilious stools. No. XI, a dose ever hour. White or gray coated tongue (marks the deficiency of bile), requires No. V, a dose every hour. When the fluids are sour, use No. X, in the same way.

BLADDER, Inflammation of, give Nos. IV, and V, alternately, one-half hour apart, or oftener if very acute. Chronic cases, require Nos. IX, and VII, alternately, one or two hours apart.

CATARRH OF THE BLADDER :—(Irritation,) Frequent desire requires No. X, as a constitutional re-

medy, a dose four times a day but as alternating remedies, others may be required. For spasms of the bladder, spasmodic retention of urine, give No. VII, a dose every fifteen minutes till relieved. Inability to retain urine. from paralysis of the bladder, No. VI, a dose every two to four hours. Suppression of urine with heat or pain needs No. IV, a dose every fifteen to thirty minutes, if the pain is severe. In chronic cases when pus forms, give No. II, a dose every four hours. In all cases when fetid or putrid smells occur use No. VI, a dose every one to two hours. Spasmodic action of the bladder with heat or pain requires No. IV, a dose every thirty minutes.

BOILS:—Give Nos. V, and IV, alternately one hour apart, see abscess.

BONE DISEASES:—Rickets, hump backs in children, No. I, a dose four times a day. Bow-legged children No. I, a dose a day. To unite the ends of broken bones No. I, a dose every four hours. To keep down inflammation from fractured bones No. IV, a dose every hour. For weak, soft easily bent bones, No. I, a dose four times a day. When there is a rough hard exerescence on the smooth surface of bones give No. III, four times a day, also of the same dissolve in water and apply to the diseased surface, two to four times a day. When splinters of fractured bones are suspected, to bring the splinters to the surface, give Nos. XII, and III, alternately two hours apart. Where the pereos-

teum is injured ; to prevent or keep down inflammation No. IV. at first, to cure, give No. XII a dose every four hours. For ulceration of bones, give No. XII dose same as above. For swelling, as an intercurrent, give No. V. every two to four hours. When the soft parts are hot, red and painful, give No. IV. a dose every one to three hours. So called blood tumors on the temple-bones of new born children are cured with Nos. III, and XII, used internally and externally, given four times a day. For malignant ulceration of bones, give first as, principal remedy. No. XII, till suppuration is well established, then No. II, till the ulcers are healed, follow with No. I, till the system has regained its wanted energy. Remember to use No. IV incur-rently, as occasion arises, to keep down pain and inflammation. Of the first two remedies give a dose every two hours, and of the third a dose every four hours.

BRAIN FAG :—From over work, with loss of appetite, stupor, depressed spirits, irritability, impatience, loss of memory or sleeplessness, give No. VI, a dose every two hours or oftener.

BRAIN FEVER OR INFLAMMATION OF THE BRAIN : The aim in treatment is to arrest the disease as soon as possible, and prevent or control after effects. It is all moonshine to think that any disease may not be arrested in any stage, especially the first. For the inflammatory condition, with high pulse, delirium, high temperature, excitement,

sleeplessness or intense stupor, administer Nos. IV, and VI, alternately, fifteen to thirty minutes apart, according to severity of attack, continue as long as these conditions exist, lengthening the intervals as the disease abates. Should the disease continue to advance to the second stage, and drowsiness and watery secretions by way of tears, excessive perspiration, watery stools set in, alternate No. IX, with either or both of the first remedies that may be still indicated, so as to bring the remedies a half hour apart. When the acute stage is past alternate Nos. IX, and I, one or two hours apart, till convalescence is established. In all inflammatory diseases it is important to begin treatment at once as all of them can be abated in a few hours if taken at once and No. IV, is the remedy.

BREASTS (Weed) :—As soon as the disease begins, use Nos. IV, and V, alternately, fifteen to thirty minutes apart till the pain and swelling is gone. In the meantime keep the breasts wrapped in warm dry flannels so as not to be exposed to changes of temperature. If treatment has been delayed and the disease has gone to suppuration, use No. XII, a dose every hour. For sleeplessness and exhaustion use No. VI, every two or three hours. When the sores do not heal readily after suppuration, use No. II, every four hours, then take a course of No. I, a dose every four hours, to build up the debilitated system. When of necess-

ity the breast must be lanced, hold the lance so as to have the edge towards the nipple, to prevent cutting in two the milk veins. Should the edges of the sores become hard, use No. III, internally and externally every two to four hours.

BRIGHT'S DISEASE:—This disease is acute catarrh of the mucus membrane of the kidneys and urinary organs, and produces great disturbance of the function of the nerve centers with excessive secretion of albumen, use Nos. I, and VI, alternately one or two hours apart.

BRONCHITIS:—Inflammation of the wind-pipe or bronchial tubes, if No. IV, be used promptly and persistently, the disease may be arrested at the outset. Give a dose every fifteen minutes to one hour, according to severity of attack. For further treatment, see cough and expectorations.

BRONCHIAL DISEASE—ASTHMATIC, with yellow expectoration, worse in warm weather, warm room or hot atmosphere, use No. VII, every hour, alternate with No. VI, for fatigue or nervous depression, (see asthma). If the mucus is distinctly yellow, greenish slimy and watery, or if the expectorations are yellow watery matter (pus) and profuse, use No. VII, every two hours, (see bronchitis).

BRONCHOCELE GOITRE, DERBYSHIRE NECK:—No. I, is the remedy a dose every three hours, also a lotion of Nos. X, and IX, alternately two hours apart.

BUBO :—For soft swelling, use No. V, externally and internally every two hours.

BUNIONS :—For the heat feverishness and pain at first use No. IV, a dose every thirty minutes, and for the swelling, if soft, No. V, externally and internally every two hours, but if the swelling be hard, use No. III, the same way.

BURNS :—For burns of all degrees use No. V, a dose every hour, also use externally, a strong lotion made of No. V, 3x, a teaspoonful of powder in one-half glass of warm water. Moisten lint in the solution, cover the entire sore and keep moist without removing the lint.

CANCER :—For treatment of this disease note carefully all complications and look up their treatment under their appropriate titles in this book, alternating the remedies with these herein given. In many cases *cures* may be expected, and *always relief afforded*. In scrofulous subjects use No. I, a dose two to four times a day. Cancer on the tongue, Nos. VII, and X, alternately, a dose two to four times a day, also hold the same medicine in the mouth as a lotion. For the swelling, if it occurs, use No. V, in alternation every two to four hours. For cancer on the skin (Epithelium), use No. VII, a dose morning and evening, also externally three or four times a day. If there be a discharge of thin yellow matter, use No. VII, four times a day, also externally as above. Cancer of the breast in hard tumor, for nervous depression

nse No. VI, a dose every two hours or oftener, alternating with chief remedies. No. V, (if hard as a stone No. III,) a dose every two to four hours, also externally four times daily, (see exudations coating of the tongue). When there are excruciating pains of neuralgic nature, use No. VIII, every thirty minutes till relief comes. If relief is delayed alternate with No. I, when there are inflammatory symptoms, use No. IV, as often as necessary. Cancrine oris, mortification of the cheek with ashy gray ulcers, use Nos. VI, and V, alternately, one hour apart. Canker thrush ulcers, in the mouth, use No. V, a dose every two hours. For fetid breath, alternate with No. VI, one hour apart, if there be much druling alternate with No. IX. Take a dose of No. X, before meals.

CARBUNCLES :—An inflamed grangrenous ulcer chief remedy is No. VI, a dose every hour internally and externally. For swelling, No. V, intercurrently as occasion requires every two to four hours. To establish suppuration use No. XII, to be taken every four hours till the hard points are softened, then No. II, in the same way till the sores are healed, take No. I, four times a day to perfect convalescence. For malignant symptoms, use Nos. XII, and VI, alternately, thirty minutes to an hour apart.

CATARACT :—For cataract in the early stage, use No. IX, externally and internally every two hours. If there be flickerings before the eyes al-

ternate with No. XII, two hours apart. If the ailment is persistent use No. IX, in the 6th and No. III, in the 30th inturation two hours apart.

CATARRHS—COLDS :—No. IV, for heat and irritation, take a dose every thirty minutes till gentle perspiration occurs. If there be a delay of perspiration over a day or two, take No. I, in alternation every four hours, if the skin be dry and harsh, better in the open air and worse in doors. use alternately as above. Alternate No. VII, with No V, every two hours, when there is white, thick, opaque phlegm. For stuffy cold use the same remedies, and if there are yellowish small lumps, use Nos. V, and III, alternately two hours apart. Catarrh is an ailment that may occur in any portion of the mucus membrane and discharge at any opening of the body, and these remedies cure no matter in what place the discharges occur. For watery, transparent, frothy discharges use Nos. IX, and III, one hour apart alternately. For chronic catarrh in bloodless patients (sometimes the mucus tastes salty), use No. IX, every hour.

CATARRH OF THE STOMACH, sense of pressure, weight and fullness, yellow coated tongue, or pains and uneasiness, give No. VII, a dose every two hours. For chronic catarrh of the stomach the same remedy is used, if worse on lying down alternate No. VI, with No. VII, one hour apart. In all catarrhs, with yellow or greenish slimy secretions of thin matter (pus), patient feels generally worse in

the evening, or in a heated room, when it is obstinate and is slow yielding in the use of No. VII, a dose every two hours, alternate No. II, with No. VII, one hour apart. In all catarrhs in debilitated persons with thin blood, or when the secretions or expectorations are albuminous (white or egg-like) alternate No. I, with the other remedies indicated so as to get four doses of No. I, a day. When the secretions are profuse, yellow or greenish, use No. II, every two hours.

CHANCER:—There are three forms of this disease. For the soft chancre, use No. V, the phagedenic (spreading) No. VI, and the hard one No. III, use these remedies externally and internally, every hour.

CHAPS, of the skin, use No. III, a dose every hour, to four hours, also to be used externally, dissolved in vaseline.

CHATTERING of teeth, when caused from a fresh cold, use No. IV, a dose every thirty minutes, from nervousness, Nos. VI, and VIII, alternately, thirty minutes apart. When cheek is sore and hot, for pain throbbing and heat, where cold is relieving, use No. IV, a dose every hour. For swelling use No. V, for suppuration, No. XII, (see abscess.)

CHICKEN-POX:—For fever use No. IV, every hour or oftener, if the vesicles are watery, No. IX every hour. When there is swelling, use No. V, every hour, avoid cold in any form externally. Let all drinks be cold.

CHILLBLAINS :—For chillblains, use No. VI, four doses a day. For chilliness not arising from taking a fresh cold, thin blood, almost constant coldness in the back, the tongue being slimy, clean and watery, or having small frothy bubbles on the sides, use No. IX. every two hours.

BLUENESS, of the skin and fingers, from weak circulation, use No. VI, every hour. If there are symptoms of acidity, alternate with No. X, or if improvement is tardy alternate Nos. IX, and X, one hour apart, if there is pain, throbbing or vomiting of food, use No. IV, a dose every hour, till better than the above as indicated.

CHILLS, with skin inactive, No. VII, should be used in hot water, a dose every thirty minutes. Chills with checked perspiration, feverish in hot close air, worse evenings, No. VII, a dose every hour, No. IV, may be alternated with No. VII, if there be symptoms of congestion, or vomiting of food or blood, thirty minutes or an hour apart according to severity of attack.

CHLOROSIS (green sickness), true anaemia or chlorosis is cured by the use of No. I, a dose every four hours. Chlorotic conditions call for No. IX. See chilliness. If there be nervous exhaustion, prostration or chills No. VI, should be used a dose every hour. Pallor induced by protracted study needs No. VI, a dose every two hours.

CHOLERA :—Rice water stools, No. VII, a dose

every five minutes. When the discharges have a decidedly yellow or greenish appearance, or turn green when exposed to air, a dose of No. VII, should be given every five minutes. See collapse. Choleraic cramps, require No. VIII, a dose every five to ten minutes. Choleraic diarrhoea with white coated tongue, requires No. V, in alternation with other indicated remedies a dose every two hours.

CHOREA, St. Vitas Dance :—Involuntary movements and contortions of limbs, No. VIII, a dose every four hours. If warm symptoms exist, alternate No. X, with No. VIII, two hours apart. If No. VIII, fails, or convalescence lingers, alternate No. I, with No. VIII, giving them two hours apart, if both these remedies fail, give No. VII, a dose every two to four hours, if the disease is still obstinate with the use of No. VII, give No I, twice a day.

CIRCULATION :—When it is too rapid, with feverishness, use No. IV, a dose every five minutes to two hours, according to circumstances. When too rapid, from nervousness or nervous fever, the same remedies should be used. When sluggish and temperature persistently below par, No. VI, to be taken same as above, with nervous shivers, No. VI, the same.

COLLAPSE :—Livid bluish countenance and low pulse, No. VI, every five minutes. Circulation sluggish when the blood is watery, No. IX, a dose

every two to four hours, slow pulse in disease, or having passed through a disease, No. VI, a dose every two to four hours.

COATINGS OF THE TONGUE:—A white tongue, not slimy, needs No. V, slimy tongue and little bubbles on the edges, No. IX, clean, moist and slimy, No. X, dirty-brownish, greyish-green, with bitter taste, use No. XI, when as if smeared with liquid dark mustard, brownish with bad breath No. VI, to be taken, but when covered with yellow slime, No. VII. If one has a chronic disease which has a coating of the tongue, and takes an acute disease, the remedies must be selected principally from the symptoms of the acute disease. If any disease, especially chronic, gives no plain decisive symptoms, the coating of the tongue will, nearly always, give the clue to the proper remedies.

COLDS:—There is no one thing that needs so much watching and deserves so prompt treatment as fresh colds. There are more suffering and premature deaths from neglected colds, than any other one cause. While there are few ailments more easily cured, if promptly attended to. For a predisposition to catching cold, Nos. IV, and I, a course till cured, alternately two hours apart. For all colds at first No. IV, a dose every hour till it disappears. Cold in the head No. IV, every thirty minutes. For cold in the chest, with soreness and feverishness, No. IX, a dose every hour, keep

warm and dry. If a cold is neglected and passes to the second stage, then follow the following directions, promptly and patiently. Cold in the chest, with thick white gluey spit, No. V, a dose every hour, with a whitish or gray coated tongue or stuffy cold in the head, slow to cure Nos. V, and III, alternately one hour apart. With non-transparent white discharge, use No. V, a dose every hour. Any cold not yielding to its own remedy requires No. I. in alternation, two hours apart. Cold in the head, with clear watery discharge, Nos. IX, and I, alternately one hour apart. Colds causing vesicular eruptions having watery contents which burst and leave a thin scab, No. IX, a dose every hour. Cold in the head with decidedly yellow or greenish slimy discharge (note the tongue) use Nos. VII. and II, alternately one hour apart, colds, with dry skin when perspiration is not induced with No. IV use No. VII, a dose every hour. Cold in the head, with albuminous discharge (white of egg-like), No. I, a dose every hour. Cold in the head with thick secretion of matter (pus), No. II, a dose every hour (see Ozena).

COLIC:—For flatulent colic in children, with drawing up of the limbs, No. VIII, a dose every fifteen to thirty minutes. Colic forcing the patient to double up, pain eased by friction, warmth, or belching of gas, use No. VIII, a dose every thirty minutes. For cramp colic in the region of the na-

vel, with remitting, griping pain, or crampy, No. VIII, if accompanied with sour stomach, alternate with No. X, thirty minutes apart. Flatulent colic with acidity, No. X, a dose every hour. Colic of children with sour breath or stomach, greenish stools, sour smelling stools, or vomiting of curdled milk, No. X, a dose every hour. If there be fever or inflammations, thirst or vomiting of food, begin with No. IV, a dose every half hour, and if given four or five times a day will prevent a relapse.

CONDYLOMA :—A soft fleshy excrecence at the anus, of syphilitic origin, No. XI, to be used internally and externally every two hours.

CORNEA :—Corneal short-sightedness, No. IX, internally and externally every four hours. Blisters on the cornea, No. IX, a dose every two hours.

CONSTIPATION :—No. IX, every four hours, is the chief remedy, especially when the result of lack of moisture in the system, dryness of the mucus lining of the bowels or excess of watery secretions in other parts of the system such as watery vomiting, watery eyes, excess of saliva in the mouth or on the tongue. If there be inability to expel the faeces from torpidity of the lower bowel faeces receding, use Nos. III, and XII, alternately two hours apart. When the faeces are covered with yellow stringy threads, and are large, or there is yellow slimy coating on the tongue, No. VII, a dose to be given every three hours. Constipation from a bilious diathesis, bitter taste in the

mouth, No. XI. When there is a dirty-brown, green or grayish-green, coating on the tongue a dose every two hours should be given. When the palate is cream colored, the tongue moist with a creamy, golden yellow color, or a deep red furrow in the centre, or sour smelling stools No. X, is the remedy, a dose every two hours. When there is heat in the lower bowel with weak muscular power No. IV, a dose every thirty minutes to one hour. The best help in this oft troublesome disease is injection of hot water after breakfast. Cathartics so often resorted to are always injurious and shorten life. If the directions herein given are patiently and perseveringly carried out, it will never be necessary to use physic and you will thank God you have learned to go without it. If fat and pastry disagree, No. V. should be used.

CONSUMPTION is a terrible disease, and has been pronounced incurable. It certainly has not been often, if ever cured by the old time routine method, but because it never has been is no evidence that it never will be. I believe I have myself cured veritable tuberculosis with these specific remedies and earnestly insist that any one having my book afflicted with it, will heroically cast off any and every other cure and persistently follow out the Specific treatment here given, and rely upon a cure which will be secured if the case has not been neglected till the recuperative forces have become totally exhausted. For the emaciation

take I, as a constant remedy till that disorder is arrested, or till no longer needed, a dose two to four hours apart, taking the other remedies along with it. As diet, let the patient have anything that is palatable and harmless, but anything that disagrees with the stomach and disease must be discarded on penalty of death. Cream is a good diet, also small doses of cod liver oil, and be sure not to starve nor stuff the patient. When the Sputa is mattery or bloody or mixed with blood, use No. II, a dose every hour. Throughout the whole course of the disease, if any symptoms of acidity appear, if the expectoration be honey colored, or the coating of the back part of the tongue be moist, creamy or golden yellow, No. X, should taken, a dose every hour. When there is fever or any symptoms of inflammation, No. IV, every thirty minutes or oftener, if necessary, to keep down the fever and regulate the pulse, (see cough, expectoration, exudations, tongue, stools and secretions).

CONSUMPTION OF THE BOWELS :—For the fever take No. IV, a dose every thirty minutes to one hour, and for the swelling of the bowels, No. V, a dose every two hours. For sour stools or acid stomach. No. X, as chief remedy, a dose every hour. When the evacuations are mattery or bloody or mixed with blood, No. II, a dose every thirty minutes. (See tongue, exudations, and stools as above.) Convalescence after all acute diseases is perfected by No. I, a dose every four hours.

CONVULSIONS:—Twitching, of the corners of the mouth, No. VIII, a dose every two hours. Constriction of the chest and throat, with convulsive, (spasmodic), dry, tickling cough, No. VIII, a dose every hour. Convulsions with stiffness of the limbs or body, thumbs drawn in, fingers clinched. No. VIII a dose every fifteen minutes, during the attack, and four times a day till all danger of relapse is passed. For convulsions in children or aged persons, use Nos. VIII, and I, alternately one to two hours apart. If the patient cannot take the remedies in the attack immerse them in hot water 98 degrees Fahrenheit till relaxation occurs, then give the medicines. For convulsions in teething, without fever, No. VIII, every thirty minutes. If it fails, give No. I, every thirty minutes. If there be fever, No. IV, every five to thirty minutes.

COUGHS:—Short, acute, spasmodic, and very painful, No. IV, a dose every fifteen minutes till expectoration is free, then No. V, alone every hour, or in alternation with No. IV, one hour apart. For true nervous spasmodic cough, No. VIII, a dose every one-half to two hours. Cough sharp, painful, short tickling, Nos. IV, and III, alternately one-half to one hour apart. At the commencement for irritation, No. IV, every hour a dose, short, from cold without spit, spasmodic, Nos. IV, and V, thirty minutes apart. Short, sore or from tickling in the wind-pipe, No. IV, a dose

every hour. Hard, dry, with soreness, No. IV, every hour. With soreness of lungs, No. IV, a dose every hour, (see expectoration). Cough in consumption with thick milky-white spit, or white coated tongue, No. V, a dose every two hours. Loud, noisy, stomach, cough with grayish-white tongue, No. V, every two hours. With irritation of the larynx, shutting off speech, No. VIII, a dose every two hours. Short, acute, spasmodic-like, whooping-cough, very severe and painful, use Nos. IV, and V, alternately fifteen minutes apart. For the whoop use, No. VIII, a dose every two hours, as an intercurrent. With thick milky-white gluey (white of egg-like) phlegm, No. V, a dose every hour. Stomachy noisy, with protruded appearance of the eyes, and white or gray tongue, No. V, every thirty minutes. Croupy hard, with whitish coated tongue, Nos. V, and III, alternately fifteen minutes apart. With yellow or watery, mattery spit, also cough worse in the evening or in a heated room, expectoration slips back and is generally swallowed, a hard, hoarse, croup-like cough, weary feeling in the throat, No. VII, a dose every hour. When croupy, hoarse and not yielding to No. V, it is cured by No. VII, a dose every one-half hour or oftener. Cough with excess of watery secretions, (tears etc.), frothy, clear and tough expectorations, use Nos. IX, and I, alternately thirty minutes apart. Chronic, in consumption, frothy spit, No. IX, is the remedy, a

dose every hour. With irritation of the wind-pipe, mucus frothy and watery, No. IX, every hour. When expectoration is clear but difficult to detach, use Nos. IX, and I, alternately, one-half or one hour apart. Cough with frothy, watery expectoration, (salt tasted), take No. IX, every one to two hours.

COUGH IN TUBERCULOSIS:—As a constant remedy give No. X, every two hours, using the other remedies indicated alternately. (see expectoration) Cough with expectoration of tiny, yellow, tough lumps of mucus, give No. III, a dose every hour. With tickling and irritating sensation on lying down from elongation of uvula, No. III, a dose four times a day. Cough with expectoration of albuminous (white of egg-like) mucus, not watery, No. I, a dose every two hours. Cough with the above expectoration in consumption, as an intercurrent, give No. I, every two hours. True spasmodic coughs, fits of coughing, use No. VIII, a dose every hour, (See expectoration.) Cough with mattery spit or mixed with blood, No. II, a dose every two hours. With irritation, and yellow secretions, No. II, every two hours. Mercurius Cor. 4x, is a good remedy to use with the Specific. Coughs ought never to be neglected. Neither should resort be had to patent cough nostrums which often prove in the end highly injurious. Study the characteristics of the ailment and apply the Specifics as here given, promptly and persist-

ently and you will be pleased and happy with the results.

FOR CRACKS, CHAPS, FISSURES, in any part of the skin or body, Nos. III, and X, alternately one hour apart are the remedies.

CRAMPS, of all descriptions, in any part of the body, No. VIII, a dose every thirty minutes. If No. VIII, fails give No. I, in the same way.

CREEPING, CRAWLING, feeling No. I, a dose every hour. Crossness, nervous irritability, No. VI, every two hours.

CROUP, for the false membrane, No. V, give at first Nos. V. and IV, alternately fifteen minutes apart till the hoarseness and rattle subside. If the disease is obstinate and refuses to yield give Nos. V, IV, and III. alternately ten minutes to fifteen minutes apart. If the patient is scrofulous or puny give as above No. I, instead of No. III. When the patient convalesces very slowly give No. I, and III, alternately one to two hours apart.

CRUSTA LACTEA, Milk Crust of Children :—If the patient be weakly or anaemie, No. I, should be given a dose every two hours. If there is any mattery discharge or yellow mattery crusts, give No. II, every two hours. If in any case the cure is slow alternate with the above remedies, No X, one hour apart. Cysts, are sacs filled with morbid fluid, give No. I, externally and internally every two hours.

DANDRUFF, falling out of the hair, give No. VII

a dose every two hours, also topically as a wash, No. VII, 3x a teaspoonful to a quart of water. Apply four times a day. If there is much saliva in the mouth, great tearfulness, excess of watery secretions, or constipation, use No. IX, in the same way, if No. VIII fails.

DEAFNESS:—For pain take No. IV, a dose every thirty minutes. If there is swelling anywhere about the head, cracking noise on blowing the nose, or a white coated tongue, take No. V, a dose every two hours. If there are watery secretions from the mouth nose or eyes, and No. V fails, use No. IX, in the same way. When the dullness of hearing is from weakness of the nervous system or partial paralysis of the auditory nerves, take No. VI, a dose every two hours, when caused by a hardened exudation, take Nos. III, 3ox, and XII, 3ox, alternately two hours apart, keep the ear wax moist with mullen oil, (see ears and pains.)

DEBILITY:—For general debility, with emaciation, weakness after acute diseases, give No. I, a dose every four hours, with nervousness, irritability or timidity, No. VI, every two to four hours.

DELICACY GENERAL:—Give specific No. I, a dose four times a day, in a growing youth, the same remedy to be used. In breeding second teeth when patient is delicate and pale, give No. I, every two to four hours. For delicate young infants give No. I, twice a day, (see tonics.) Use No.

X, four sour stomach every two to four hours, (see tongue.)

DELIRIUM:—In all fevers, for quick pulse, inflammatory fevers and congestions and high temperature, give No. IV, a dose every five to thirty minutes. Delirium, or stupor, in brain or typhus fever and typhoid conditions, No. VI, every five to thirty minutes. If there are inflammatory or congestive symptoms, alternate Nos. IV, and VI, five to thirty minutes apart.

DELIRIUM TREMENS:—Most cases are readily cured with No. IX, a dose every five to fifteen minutes. If there is much nervousness or fright, in the patient, alternate Nos. IX, and VI, ten minutes apart. For Delirium that may occur at any time, starting. wandering, murmuring and frothy mouth, give No. IX, every hour. If accompanied with inflammatory fever, alternate Nos. IV, and IX, ten minutes apart.

DENTITION AND ITS COMPLICATION:—When teeth come hard, give Nos. I, or III, a dose every two hours, when there is fever give No. IV, every five to thirty minutes. If there should be fever and spasms, give Nos. IV, and VI, alternately five to fifteen minutes apart. Cramps *with* fever, No. IV, every five to ten minutes. If there should be cramps *without* fever, then give Nos. VIII, and I, alternately fifteen minutes apart. Should inflammation of the eyes occur, give Nos. IV, and I, alternately one hour apart, spasm of the wind-pipe,

No. VIII, every thirty minutes, spasm of bladder or spasmodic cough, No. VIII, every thirty minutes. Drooling No. IX, a dose every two hours. (see Diarrhoea.) When there is depression of spirits and lassitude in the patient, give No. VI, a dose every two to four hours.

DIABETES MELLITUS :—Give No. XI, as a constant remedy, every two hours, also give No. VII, intercurrently once in four hours. If there should be nervous debility, sleeplessness and voracious appetite or hunger, use No. VI, as intercurrent remedy. One-half hour *before* meals, take a dose of No. IV, and one-half hour *after*, a dose of No. X. Diabetic patients must abstain entirely from sweets, milk diets, butter and tarts, and ought to confine their diet to water or soda crackers or something equivalent and equally harmless. This restriction will be for a brief time only, if the directions are strictly and promptly carried out, for a cure may be confidently expected.

DIARRHOEA :—For watery, frothy, slimy stools, take No. IX, a dose every thirty minutes, bilious, dark, or green stools, No. XI, a dose every half hour, and for bloody and slimy stools, No. V, every fifteen to thirty minutes. When caused by fatty food, or pastry give No. V, a dose every hour, but when yellow or clay colored, Nos. V, and VII, alternately thirty minutes apart. When stools are white or slimy, with white coating of the tongue, give No. V, a dose every hour.

Stools matter and blood, No. II, a dose every fifteen to thirty minutes, stools sour smelling, green or greasy looking, No. X, a dose every one-half to one hour. For fetid stools, very offensive, heavy odor, putrid smelling, often accompanying other diseases, No. VI, a dose every fifteen minutes should be given. Diarrhoea caused from fright or nervous exhaustion, No. VI, every one to two hours. In all cases for fever give No. W, a dose every five to thirty minutes according to severity of the attack. Close attention to diet. Mercurius Cor. 4x, is an excellent intercurrent.

DIPHTHERIA:—This hitherto fearful scourge of thousands of families needs only two remedies, if taken at the start, and persistently carried out. There must be no playing fast and loose with such ailments. The remedies are Nos. IV, and V, alternately five to fifteen minutes apart, the first for fever, the second for the false membrane, also use a gargle, use No. V, 3x, a teaspoonful in a tumbler of water and gargle often enough to keep the mouth clean. There are many complications that are sure to follow if the disease has for any reason been neglected or improperly treated, which must be carefully watched. Should the vocal organs be attacked use Nos. I and III, alternately five to thirty minutes apart. No. V, is to be used as a constant remedy so long as the white or gray false membrane remains, with the other indicated remedies as intercurrents. When there is vomiting of

green water, give No. XI, every one to two hours or oftener. For pale or puffy face, drowsiness, watery stools, watery vomiting or drooling, give No. IX, every one to two hours. If the disease takes the malignant gangrenous form, give No. VI, every thirty minutes or oftener. For nervous exhaustion, at any stage, give No. VI, one to two hours or oftener. For the after effects, which uniformly are of a paralytic nature, in any part of the body, give No. VI, two to four hours. For promoting convalescence as a constitutional tonic, give specific No I, a dose every four hours. There is a spurious diphtheritic throat disease which must be distinguished from diphtheria. In this disease the tonsils are covered with a yellow cream-like coating, also the roof of the back part of the mouth has a yellow creamy appearance, and the tongue is moist, creamy or gold, give No. X, a dose every hour, alternated with No. IV, thirty minutes apart if there should be fever. In Diphtheria all other means of cure than here given ought not to be used as they may interfere with their action. For the very great thirst, I can allow only small lumps of ice held in the mouth and even that ought to be omitted if possible. Ice-water swallowed will retard the cure. Sponge the body in tepid water as often as desirable. This treatment has cured malignant diphtheria (where others died with other treatment) in forty-eight hours.

DISCHARGES, from mucous surfaces in any part

of the body give indications for remedies when other symptoms are obscure or absent. For instance, a slimy yellow or greenish discharge, or that becomes green, after exposure to the air denotes specific No. VII, clear watery frothy discharge denotes specific No. IX, while a yellow cream colored discharge denotes No. X. A thick, white slimy mucous discharge No. V, when putrid, heavy odored, offensive, No. VI, a dose every hour.

DIZZINESS :—For dizziness from brain or nervous causes, give No. VI, a dose every two to four hours, from blood pressure, worse on stooping, No. IV, a dose every hour, but when caused from bilious affections, give No. XI, a dose every two hours.

DROPSY :—For dropsy, simple and uncomplicated the remedies are Nos. IX, and XI, alternately one hour apart. In dropsy, with sweat salt tasted, give No. IX, as intercurrent remedy. For dropsy after scarlatina, give No. VII, every two hours. When the skin is harsh and dry, give No. VII, every two hours. For dropsy, from any cause, when the coating of the tongue is white or gray, or the secretions are thick, whitish and slimy, give No. V, every hour. When caused from loss of blood, or anemie conditions give No. I, every two hours, or alternate No. IV, with No. I, an hour apart. Dropsy from heart disease, with nervous depression needs No. VI, as intercurrent every

two to four hours. (See palpitation, or heart disease.)

DYSENTERY :—At first, give Nos. IV, and V, alternately fifteen to thirty minutes apart. When the stools consist of blood only, give Nos. VI, and IV, alternately, fifteen to thirty minutes apart, If there should be swelling of the abdomen and delirium, give No. VI, every fifteen minutes. When the stools are putrid and very offensive, and tongue very dry, give No. VI, every half hour. If the stools are mixed, blood and matter, give No. II, every half hour. If there should be spasmodic pains causing the patient to draw up, this is relieved by warmth or rubbing, give No. VIII, every five to fifteen minutes. *Mercurius Cor.* is an excellent intercurrent 4x.

DYSPEPSIA, is perhaps the most uncomfortable disease in the whole catalogue of human ailments and nearly always is the result of criminal abuse of the digestive organs and may be avoided as well as not. If the face of the patient is hot or flushed, and there is tenderness or pressure at the pit of the stomach, beating or throbbing, vomiting of undigested food, and the tongue clean, any or all of these symptoms call for No. IV, a dose every half hour. If there should be water brash, or vomiting of much clear frothy mucous, give No. IX, a dose every half hour. When the tongue is coated whitish, and pain or weight under the right shoulder blade, if fat food disagrees, and the eyes look

large and stick out, give No. V, a dose every two hours. If in addition there should be a dark appearance under the eyes, alternate No. X, with No. V, an hour apart. When there is a hot spot in the stomach, accompanied by pain often going through to the back, give No. X, a dose every hour. A person bothered with sour fluids gulping from the stomach, should take a powder of No. IV, thirty minutes before meals, and a powder of X, thirty minutes after meals. Dyspeptics should find out what foods agree with them, and discard everything else. They should never use milk with fruit.

EARS, AILMENTS OF :—Noises in the ears may be caused either by excess of blood in the brain or by nervous exhaustion. The former is cured with No. IV, and the latter with No. VI, a dose every one or two hours. For ear-ache caused from cold, burning, throbbing pain or sharp stitching pain of an inflammatory nature, give No. IV, a dose fifteen to thirty minutes. Ear-ache, with white furred tongue, swelling of the glands or throat, takes No. V, for a remedy, a dose every hour. Cracking noise when swallowing, dry or swollen outer ear, without wax or a discharge of a white (white of eggs) looking substance, takes No. V, a dose every hour. Ear-ache with thin watery discharge, or singing in the ears, need Nos. IX, and IV, alternately every half hour. In swelling and inflammation of the external ear and

drum, give No. V, and IV, alternately one-half hour apart, but if it goes on to suppuration give No. XII, till it breaks, then Nos. XII, and II, a dose every hour till well. For ear-ache with discharge of yellow water, give No. VII, every hour, or discharge of greenish yellow fluid after inflammation, same sharp cutting and piercing pains under the ears, No. VII, every hour, one ear red, hot, or itchy, with stomach troubles, No. X, a dose every hour. When the ears are sore, with thin cream colored crusts, about the rim. and tongue looks as if smeared with yellow raw sugar, give No. X, a dose every two hours. Soften the ear-wax with mullen oil. For neuralgia of the ears, give Specific No. VIII, a dose every fifteen minutes. If relief don't come in reasonable time, alternate with No. I. fifteen minutes apart.

ENURESIS, from want of nervous tone or paralytic condition, requires No. VI, a dose every two hours, also No. IV, every two hours. When caused by worms or irritation of the urinal canal, give No. X, a dose every two hours. In scrofulous persons, use once or twice a day with other indicated remedies, No. I. If the ailment is purely of nervous origin give Nos. VI, and I, alternately one hour apart.

EPILEPSY. (Falling sickness):—If caused by bad habits, they must be abandoned and No. X, taken as constant remedy, a dose every two hours. For the fits, see convulsions, and use the other

remedies indicated as helpers, if along with, or after suppression of rash, use No. V, as intercurrent two to four hours apart. When there is rush of blood to the head, give No. IV, every half hour. For cramps No. VIII, a dose four times a day, for sunken countenance, coldness and palpitation of the heart, after the fit, No. VI, a dose every half hour. If the tongue has a persistent white or grayish white coating, use No. V, as constant remedy, a dose every two hours, should the patient be puny white or scrofulous use No. I, as intercurrent, a dose every once or twice a day.

ERESIPELAS, is of two forms, smooth and vesicular. For smooth, red, shiny, tingling or painful swelling of the skin (rose,) give No. XI, a dose every hour, for the fever No. IV, with No. XI, alternately a half hour apart.

VESICULAR ERESIPELAS :—The constant remedy is No. V, every hour a dose, alternated for feverishness with No. IV, half an hour apart. Expectorations are important symptoms for the indications for remedies, and should be carefully noted. When the expectoration is a thick mucous phlegm, white and lumpy, often deep seated and hard to raise, and non-transparent, the remedy is No. V, every hour or oftener (see cough). When salt tasted or clear, thin, frothy, transparent, No. IX, a dose every hour, when a yellow slimy mucous, easily coughed up mornings, at other times slips back and is swallowed, No VII, every hour or two.

When green, watery or slimy (bilious) No. XI, should be used every two hours, but when clear, stringy, tough, transparent, like the white of an egg, No. I, every two hours. When it has a disagreeable sweetish taste, consists of matter (pus) or matter and blood, or greenish or yellow, or chronic greenish discharges, No. II, every one or two hours, when offensive, putrid odored, No. VI, every half hour. In all cases with fever give No. IV, often enough to keep the circulation good. Should there be higher fever and accelerated pulse at night, give No. VII, along with No. IV if necessary, for moistening the skin, fifteen to thirty minutes apart.

AFFECTIONS OF THE EYES:—In the first appearance of inflammation of the eyes which is the precursor of nearly all ailments of the eyes. If No. IV, a dose every half hour, be given soon enough and continued long enough, all serious trouble may be avoided. Should there be discharge of white mucous, give No. V, every two hours. If the discharge be yellow, greenish matter, use Nos. V and VII, alternately one hour apart. Ulcers of all kinds on the eyelids, or any part of the eye or eye balls for the swelling or whitish matter use No. V every two hours. If greenish, yellow matter forms, Nos. V and VII alternately one hour apart. When there is discharge of clear mucous, or tears, with obstruction of the tear ducts, use Nos. IX and IV alternately one hour apart. Neuralgia,

with much water, periodically. No. IX, a dose every hour or oftener. If the water from the eyes scald the skin or cause eruption on the skin, or white spots on the cornea, it may be cured by the use of No. IX, externally syringing the part, also internally once or twice daily. Granulated eyelids, No. IX, and V, alternately one hour apart, styes and deep seated ulcers, No. XII, every two hours. Drooping eyelids, Nos. III, and VI, alternately two hours apart. Spasmodic affections of the eyelids, No. VIII, one to three hours. If persistent, use Nos. VIII, and I, one-half to one hour apart.

FACE-ACHE :—When there is a flushed face, increased pulse, throbbing or pressing, worse from every movement, give No. IV, a dose every half hour. When there is swelling of the gums or cheek, give No. V, a dose every two hours. Should there be constipation, and tongue covered with clear mucous slime, give No. IX, a dose every two hours. If it begins, or is worse at night, No. I, should be given, a dose every two hours. If it is stinging, shooting, darting about or remittent, No. VIII, every half hour. When there is great tearfulness or drooling, give No. IX, a dose every half hour. When there is great exhaustion, or weakness after the attack, give No. VI, a dose every hour. If small lumps arise on the scalp give No. XII, every two hours or oftener. When the patient's face is sallow, the gums pale and blood-

less, No. I, a dose every two hours, livid and sunken with hollow eyes, No. VI, every two hours. Face red and blotched, without fever, deranged and sour stomach, white about the nose or mouth, tongue and roof of the mouth or root of the tongue creamy or yellow looking, No. X, a dose every two hours. When the face is jaundiced, sallow, No. XI, a dose every two hours. When the face flushed with head-ache, or fullness of the head, or as preceding headache, or if attended with a sensation of coldness in the nape of the neck, give No. IV, a dose every half hour.

FAINTING, from any cause, or a disposition of faintness, give No. VI, a dose four times a day. When fatty food disagrees, No. X, should be given a dose every four hours. If the tongue is coated white, No. V, every four hours. If the stomach be very weak, a dose of No. IV, a half hour before meals.

FEET :—For excessive perspiration of the feet, give No. XII, a dose night and morning. For bad effects of suppression of feet sweat, give No. XII, a dose every two to four hours.

FELON :—When the matter becomes offensive, take No. VI, a dose every half hour. The felon is one of the most painful and distressing ailments imaginable, and when they run their course last nearly three weeks. When beginning, there is a keen sense as of a splinter deep in the affected part, the pain increasing constantly every hour till

it becomes insufferable. It should be killed in the beginning, as soon as possible. A felon is caused by congestion between the periosteum and the bone. That congestion must be removed by absorption or the lance. Take No. V, internally, a dose every hour and apply a lotion of the same in hot water, on lint and keep it moist all the time till aborted. If too late to kill it and it runs on, it is a good plan to lance it, but it must be opened in the right place and the periosteum must be thoroughly pierced or the evil will be increased instead of removed. If the lancing is well done, the pain will cease immediately and the wound heal. Specific No. XII, a dose every two hours will hasten the suppuration, and No. II, will heal the sores after suppuration, a dose every two hours.

FEVERS and feverish conditions are among the most important ailments to understand, and their treatment is so simple that almost anyone can handle them successfully by following the directions herein given. Fevers may be purely of nervous origin, as typhus and typhoid in its last stages, and is known by high temperature, quick and irregular pulse, great nervous irritability, (excitability) or great depression of spirits and debility or stupor, give No. VI, a dose every five to thirty minutes till relieved, after relief often enough to keep the patient calm, once an hour or two. For all inflammatory and catarrhal fevers, no matter in what part of the body, or how caused, give No. IV, a

dose every five minutes to an hour, according to severity, till better. After the fever is well abated or perspiration occurs, give the stated medicines often enough to keep it down or prevent a relapse. When the case is stubborn and the skin is harsh and dry, or if the heat rises at night and the patient is worse in a heated atmosphere and better in open air give Nos. IV, and VII, alternately fifteen to thirty minutes apart. For complications use the remedies indicated alone or in alternation. Fevers in the cold stage that arise from blood poisoning requires No. VII, a dose every five minutes. Do all you can to warm the patient by the application of heat in the way of extra clothing and friction with the hand or woolen cloths. When the patient complains of a sensation of inward heat, and feverishness, cold extremities oppressed in close air, and must be fanned, give Nos. IV, and VII, alternately five minutes apart till relieved, then often enough to keep the patient comfortable. When the fever is persistent and recurs every night and rises till midnight, then declines till morning, it denotes blood poisoning, for which give No. VII, every five minutes through the night, and every thirty minutes through the day, and bathe the patient in tepid water. If the secretions are offensive, bad breath or foul urine, sweat or stools, give Nos. VII, and VI, (in the above case) alternately, five to fifteen minutes apart till decided improvement occurs, then continue as seems

required, or the change of symptoms requires a change of remedies. In fevers of acute diseases when there is drowsiness, dryness of the tongue, vomiting of water or excessive perspiration, give No. IX, a dose every fifteen to thirty minutes. Fevers with bitter taste in the mouth, No. XI, a dose every hour (see names of fevers individually.)

FINGERS:—When the fingers are inflamed or painful, take No. IV, a dose every one to three hours. Watery blisters caused by arsenical paints on wall paper, No. IX, a dose every thirty minutes. Also apply locally on soft lint.

FITS:—In growing children or aged persons, and in scrofulous subjects, requires for treatment, No I, a dose two to four times a day. Fits in persons with pale, waxy complexion, require the same medicine. In children troubled with worms, No. X, is required, a dose every two hours. For muscular contractions, spasms or twitchings, No. VIII, a dose every half hour as an intercurrent, with other indicated remedies. Fits from fright, with pale or livid countenance, No. VI, a dose, every fifteen minutes, (see convulsions.)

When there is flatulence a clean tongue, biting pain and short belching of gas, without relief, give No. VIII, a dose every two hours, raising the taste of food, No. IV, a dose every two hours, especially before and after meals, also give No. IX, in the same manner. A good treatment for the above symptom is a dose of No. IV, before

meals, and No. IX, after meals. Flatulence, sour taste, requires No. X, every two to four hours. With pain and sense of fullness, in the region of the left groin implicating the ovary, No. VII, a dose every two hours. With distress about the heart, or weakness of heart, No. VI, a dose every two hours. With distress on the left side of the pit of the stomach or a weary pain in the left side, No. VI, every two to four hours, with white or gray coated tongue, No. V, a dose every two hours. If the whole system be in a lax, inactive condition, give No. III, a dose every four hours.

FLOODING :—Give Nos. III, and VI, alternately a half hour apart. The patient must be as quiet as possible, in a horizontal position.

FRACTURES :—In all cases use at once Nos. IV, V, and I alternately fifteen to thirty minutes apart, No. IV, for congestion, No. V, for swelling and No. I to heal or knit the bones.

FRECKLES, are generally caused by atmospherical influences, No. I, will keep the skin in healthy condition and diminish freckles in size, number and color. A dose four times daily.

FRIGHT, BAD EFFECTS OF, give No. VI, a dose every hour.

GRAVEL :—Give Nos. X, and I, alternately. No. X, one hour apart till two doses are taken, then No. I, a dose the third hour and so on. In bilious subjects, alternate in the same way, Nos. X, and XI. No. X, decomposes the stones, and No. I,

prevents their reformation. If spasms occur in the passage of gravel, give No. VIII, every fifteen minutes.

GANGRENOUS CONDITIONS:—No matter what the disease, or in what part of the body gangrene appears, use promptly No. VI, a dose every five to fifteen minutes till the disease is arrested.

GASTRITIS, inflammation of the stomach. For pain, swelling, tenderness in the pit of the stomach or vomiting of food give No. IV, in hot water a dose every five minutes. If for want of early treatment the disease goes on to the second stage, there is a white or gray tongue, give No. V, a dose every hour. For fever give No. IV, in alternation with No. V. When inflammation of the stomach is caused from being scalded, give No. V, in warm water as soon as possible, large doses every five minutes. If the disease goes on and great prostration and exhaustion occurs give No. VI, a dose every five minutes. When the taste is bitter, and bilious symptoms appear, give No. XI, a dose every two hours. Gastric troubles with soreness, require as a remedy, No. X, a dose every one to two hours. Ulceration with pain, indigestion, and sour taste, No. X, a dose every hour.

GLANDS:—In any part of the body all are treated with the same remedies. For inflammatory, feverish conditions, use No. IV, as a remedy, a dose every five to thirty minutes till the fever abates, then Nos. X, and V, alternately one hour apart

till cured, a dose of No. X, once or twice a day will prevent a relapse.

GLEET, give Nos. IX. and I, alternately one hour apart. Goitre, Derbyshire Neck, Nos. X, and I, alternately one hour apart. Also as a lotion, Nos. X, and IX. Use on lint keeping the tumor moist with No. X, for three days, then No. IX, in the same way. If the tumor is very hard and don't improve by the above treatment, then use No. III, instead of No. I, as above. It is important to begin treatment early in this affection.

GONORRHOEA:—Use No. V, a dose every hour when the discharge is blood and pus, No. II, a dose every hour, when yellow and slimy, No. VII, every hour, blood only, No. VI, a dose every hour. After urinating rinse out the urethra with a solution of the remedy used in tepid soft water.

GOUT:—In acute attacks, use No. X, a dose every hour, followed by No. XI, if necessary, every two hours. For chronic gout, Nos. X, and XI, alternately two hours apart.

GRANULAR eyelids, require for a remedy, Nos. IV, and V, alternately one-half hour apart.

GUM BOILS:—For swelling No. V, a dose every hour or two, No. IV, for feverishness, a dose every half hour. To hasten suppuration, use No. XII, a dose every two hours. If the gums are very hard, use No. III, every two hours. No. III, also to be used as a preventive, a dose morning and night. When the gums bleed easily, or when they

are pale with a red line or seam on the edges, use No. VI, a dose every four hours, when sore, red, hot, or inflamed No. IV, a dose every half hour.

HEMORRHAGES and a disposition thereto are of importance to consider. I give some general principles under this heading. When the blood is of natural color easily coagulating, use No. IV, a dose every five to thirty minutes. Black, thick, tough blood, No. V, a dose every half hour or oftener, if severe. Dark red or blackish, but thin and watery, not coagulating, Nos. VI, and IX, alternately one-half hour apart.

HEMORRHOIDS. PILES :—The severe pains can be relieved by the local application of No. VIII, dissolved in tepid soft water, No. III, must be used as a constant remedy, a dose every two hours. Whatever other remedies are necessary must be given between.

DROOLING, in sleep, much chilling and dry crumbling stools, requires No. IX, as a remedy. For bitter taste, much bile, coating at the back part of the tongue greenish yellow, stools in balls, greenish or dark, use No. XI. A yellow, slimy coating of the tongue, or like colored stools, No. VII. For sour sweat or sour taste in the mouth or anywhere in the system, or heart-burn, use No. X, for headache or hemorrhage, No. IV, (see hemorrhage).

HAY ASTHMA :—For the attack, give Nos. VI, and IX, alternately five minutes apart. For treat-

ment in the interval note the character of expectoration and take the proper remedy every two hours. (see expectoration).

HAY FEVER:—As a constant remedy, use No. VI, a dose every two hours. Other indicated remedies must be alternated. For watery eyes, and fluent coryza, from nose, give No. IX, for feverishness or vomiting of food, No. IV, snuffing lotions, very weak, of salt, for watery symptoms is good for this ailment.

HEADACHE, is a very common and a very sore affliction. Thousands of persons lose half their life-time on account of it. I rejoice to be able to say to such sufferers, that I believe every case of it can be cured and the life and enjoyment of life be enhanced a hundred fold by the treatment herein advocated. Headaches should be grouped into four classes, gastric, congestive, neuralgic and rheumatic. Headache from gastric troubles are marked generally by the coatings of the tongue, (see tongue). Congestive headaches have the following symptoms and treatment. When there is a tendency to gouty affections, take Nos. IV, and XI, alternately one hour apart. Headache from cold, a bruised, pressing or stitching pain, worse on stooping or moving, vomiting of undigested food, eased by cold applications, require No. IV, a dose every five to thirty minutes. For children's headaches, with throbbing sensation, red and suffused face, and redness of the eyes,

give No. IV, a dose every five to thirty minutes. Dull, heavy headaches, profusion of tears, drowsiness, unrefreshing sleep, constipation, tongue clean, or covered with clear watery mucous or frothy edges, much drooling, or vomiting of water or watery phlegm, takes No. IX, for a remedy, a dose every half hour. Headache after wine, No. X, a dose every hour or two. Headache after taking thick sour milk, No. X, a dose every hour. Headache on the crown mornings, with the tongue moist, yellow, or cream yellow in the back part of the palate, No. X, every two hours. Very severe pain as if the skull would burst, with vomiting of sour, slimy stuff or nausea, with great pressure and heat on the top of the head as if it would split, requires No. X, every thirty minutes, if No. IV, fails. For sick headache, with bilious diarrhoea or bitter vomiting, bitter taste, colic by pain or giddiness, greenish-gray coated tongue, give No. XI, a dose every hour. When the patient cannot bear noise, is irritable, easily confused and relieved by gentle motion, when there are any or all these No. VI, is required, a dose every one half to two hours. Headache of students or fatigued persons, no gastric ailments suspected but the tongue is sometimes coated brownish yellow like stale mustard, bad breath, No. VI, a dose every two hours. Pains and weight at the back of the head with sense of weariness and debility Nos. IV, and VI, alternately, fifteen minutes apart.

Nervous headache, cannot think, has no strength, irritable, restless, sleepless, despondent, tired, cranky, gone-ness at stomach. humming in the ears, must lie down, better with lively company, any or all these require No. VI, a dose every hour. If very acute pain, No. VI, every five minutes. Also if headache be a fore-runner of bilious vomiting, No. VI, a dose every fifteen minutes. Excruciating, with spasmodic tendency, shooting or stinging, shifting or intermittent, or as if a band were tightly drawn around the head, any or all of these symptoms require No. VIII, a dose every fifteen minutes. A cold feeling in the head, the head also feels cold to the touch, Nos. I, and IV, alternately, one-half or one hour apart. Headache with lumps on the head about the size of a pea, No. XII, every two hours.

HEART DISEASE:—When the action of the heart is weak, take Nos. III, and VI, alternately one hour apart. In bloodless persons, Nos. III, and IV, one hour apart. In scrofulous persons, Nos. III, and I, alternately one hour apart. Intermittent palpitation, No. VI, a dose every two hours, palpitation after rheumatic fever, No. VI, the same. If there also be exhaustion, Nos. III, and VI, alternately, one hour apart. With morbid sensitiveness from violent emotions, grief or care No. VI, every five to thirty minutes.

HEART BURN, with creamy gold colored or honey colored tongue, No. X. every two hours.

When the heart is weak, in scrofulous or declining persons, No. I, every two hours. For neuralgic headache, pains intense and darting, give No. VIII, a dose every five minutes. If there be throbbing pain worse on movement, Nos. VIII, and IV, alternately, five to fifteen minutes apart.

HEAT, of climate or rooms, from which ailments are aggravated No. VII, a dose twice a day or oftener given alternately with the remedies indicated. Heat and feverishness in the first stages of any disease, No. IV, a dose every five to thirty minutes according to the severity of the attack.

HERNIA RUPTURE:—Replace the bowel by firm gentle pressure, with the hand in a horizontal posture, with the hips elevated. Secure with a pad held in position with a strong bandage about the waist, held in place by bands, bandage passed around the thighs to prevent slipping up. Be sure to keep the hernia reduced. Take No. III, a dose every two hours as a constant remedy. If there be heat and pain, No. IV, every one-half to one hour. If there be sleeplessness No. VI, at bed-time. If the patient be pale or deficient, in good blood, No. I, a dose four times a day.

HERPES:—Blisters which arise on any part of the body in health or during the course of a disease, give No. IX, a dose every two to four hours.

HERPES OR TETTER, which is an inflammation of the skin with small watery blisters requires Nos. IV, and IX, alternately one hour apart.

HERPES ZOSTER SHINGLES, a belt of blisters encircling half of the body, Nos. IV, and V, alternately. If the vesicles are watery give also No. IX, fifteen minutes apart. If the healing is slow, give No. X, a dose every two hours. In weakly constitutions No. I, a dose two to four times a day.

HERPES TONSURANS :—Barber's itch, or blisters from shaving, No. XI, a dose every two hours.

HICCOUGH :—For the spasm of hiccough, No. VIII, a dose every one-half hour, for the habit, No. X, a dose every two hours.

HIP JOINT DISEASE, which has ruined so many persons is easily cured by this specific treatment, give No. IV, in the inflammatory, feverish and painful stage, a dose every fifteen minutes till the pain and disease is stayed. If treatment has been delayed and suppuration is inevitable take Nos. IV, and XII, alternately one-half hour apart. When the suppuration is established, No. II, every hour till the cure is complete.

For HOARSENESS from over-work of the voice, take No. IV, a dose every thirty minutes. If there be a feeling of exhaustion or depression alternate No. VI, with No. IV, fifteen minutes apart. Hoarseness from cold, No. V, a dose every hour. No. VII, every hour if the hoarseness does not yield to No. V.

HOME SICKNESS :—When the memory brings up in rapid succession, recollections of past scenes

and reminiscences of the past and a longing for them, No. VI, a dose every fifteen minutes.

HOOPING OR WHOOPING COUGH:—When beginning as a common cold, No. IV, a dose every half hour. As soon as you know it is whooping cough, give Nos. IV, and VIII, alternately and steadily, fifteen minutes apart. If there be white coating on the tongue, or a thick phlegm thrown up by coughing, give No. VIII, and V, alternately every fifteen minutes. If there be decidedly yellow slimy expectoration take Nos. VIII, and VII, alternately fifteen minutes apart. If the mucous coughed up is frothy, clear and stringy, Nos. VIII, and IX, alternately, fifteen minutes apart. In weak constitutions, teething children or in obstinate cases, Nos. VIII, and I, fifteen minutes apart. In very nervous persons or with great prostration, Nos. VIII, and VI, every fifteen minutes.

HOUSE-MAID'S KNEE:—Take No. I, every hour, also apply locally four times a day.

HUNGER ABNORMAL:—Excessive hungry spells No. VI, a dose every two hours. Excessive hunger in children with sour or worm symptoms, No. X, a dose every hour. In scrofulous persons, No. I, every two hours. Hydrocele, Nos. I, and X, alternately one hour apart.

HYDROCEPHALUS, (Dropsy of the Head):—Give No. I, a dose every two hours. In children open fontanelles No. I, a dose every two hours. Hydrodrops genu et patellae, (dropsy of the knee and

knee-cap). Give No. I, a dose every two hours. Hypochondriasis and Hysteria, No. VI, a dose every hour. If there be gastric troubles, alternate Nos. VI, and X, one hour apart.

INFLAMMATIONS, of all kinds under all circumstances, in any disease, at any stage requires No. IV, a dose every five to sixty minutes according to violence of the attack.

INFLUENZA, EPIDEMIC CATARRH, LA GRIPPE :— This disease prevailed in the United States very extensively, and with great severity in the autumn and spring of 1789-90, also in the winters of 1825-6. It was also very severe in the years A. D. 1888-90, and also in 1832. No. VI, is the constant remedy throughout the disease, and as an after course, No. XI is the second remedy, to increase the flow of urine and control expectoration. In the beginning of the attack, unless there be clear indications for other remedies, use Nos. VI, and XI, alternately, fifteen minutes apart. When there is excruciating pain all through the body, and the tongue is white, use Nos. VI, XI, and V, alternately fifteen minutes apart. In severe cases when the patient is worse at night, temperature rising, use during the night, beginning as soon as the chill or whatever denotes exacerbation appears, Nos. VI, IV, and VII, fifteen minutes apart, and during the day Nos. VI, VII, and XI, fifteen minutes apart. When there is sour stomach or there is little or no expectoration or gastric

troubles, with other remedies indicated as above prescribed, use No. X, a dose before and after all food taken. When the disease is arrested continue No. VI, till the nervous system has recovered its tone, a dose two to four times a day (see catarrh).

INTERTRIGO:—Soreness of the skin (also of children) with watery secretions use No. IX, every two hours, with bilious symptoms No. XI, with sour acid condition No. X, every two hours.

INSANITY:—All kinds of mental aberrations, imaginary fancies, lack of correct reasoning powers, mental imbecility etc., etc., may be cured with a steady continued course of No. VI, a dose one-half to two hours apart. If there are gastric derangements alternate Nos. VI, and XI, one hour apart.

INTERMITTENT FEVER, AGUE:—In general, when no special indications point to other remedies use for the chills and following fever No. IV, a dose every fifteen minutes. For the sweating stage, if profuse, No. IX, every thirty minutes, in the intermission give No. XI every thirty minutes, for the daily or every second day recurring type. For the type that recurs every fourth day use No. IX, every hour. But if the sweat or vomit is sour or the palate a cream yellow color, use No. X, in the intermission every half hour. In children use Nos. X, and I, alternately one-half hour apart. Dumb ague, appearing as neuralgic pain in the face or head or both instead of chill, use No. XI, every half hour a dose.

ITCH :—One thorough washing with strong alcohol rubbed under the scarf skin cures Scabies True Itch.

ITCHING AT ANUS, from worms, No. X, a dose every two hours. Itching from piles, No. III, a dose every two hours. Also as injection after every movement of the bowels.

JAUNDICE, is characterized by bilious green evacuations, greenish brown, coated tongue or sallow skin or yellow eyeballs, use No. XI, every hour. If the ailment arises from catarrh of the Duodenum, the color of the tongue decides the remedy, (See coating of tongue.) If the disease has been ushered in by a chill, and there is white coated tongue, stools light colored, use No. V, a dose every hour, if No. XI, has failed. If the coating of the tongue is yellow, slimy, No. VII, a dose every hour. If the tongue is clear, slimy, watery, with little bubbles on its edges or if there should be drowsiness use No. IX, a dose every hour. If drowsiness occurs, No. IX, may be used alternately with any of the above remedies one-half hour apart.

KIDNEY AILMENTS :—Inflammation of the kidneys will be known by pain across the back or on either side of the back bone just below the waist. The urine will be cloudy, milky or dark, use Nos. IV, and V, alternately fifteen minutes apart. After effects of scarletina in the kidneys, No. VII, a dose every hour. Gravel of the kidneys, No. X, a dose

every half hour. Kidney disease with albumen in the urine, (albumen is like the white of eggs) No. I, a dose every half hour. In Bright's disease of the kidneys there is great exhaustion and much albumen in the urine, use as constant remedies Nos. I, and VI, alternately fifteen minutes apart, (see urine).

KNEE—Dropsy of the knee, Nos. X, and I, alternately one hour apart.

KNOTS OR KERNELS in any of the glands especially in the female breast, Nos. III, and X, alternately one hour apart.

LABOR PAINS, if feeble, ineffectual or false, No. VI, a dose every fifteen minutes. Labor pains spasmodic, with cramp in the limbs, too short, excessively expulsive, No. VIII, a dose every fifteen minutes. When labor tedious from constitutional weakness No. VI, a dose every half hour, fetus recedes Nos. III, and VI, every fifteen minutes.

LAMENESS:—Rheumatic lameness with feverishness, requires No. IV, a dose every half hour. For lameness not of long standing, paralytic, from exhaustion of nerve power, with stiffness after rest, which passes off by gentle exercise give No. VI, a dose every half hour. For rheumatic lameness the same remedy. Chronic lameness caused by rheumatism of the joints, Nos. V, and VI, alternately one hour apart, also Nos. X, and XII, one to two hours apart.

LARYNGITIS, inflammation of the vocal organs,

give No. IV, on the cutset a dose every five minutes, (see tongue, cough and expectoration.)

LARYNGISMUS STRIDULOUS, is a spasmodic affection of the larynx or vocal cords at the opening of the wind-pipe, shutting off the breath and threatening suffocation. It often attacks children. Give No. VIII, a dose every five minutes. When swallowing is impossible put the powder dry on the tongue. To cure the disposition towards attacks, No. III. should be used a dose every two hours after the attacks, also after laryngitis, especially if there is a hacking effort to clear the throat.

LASSITUDE, depressed, want of energy, laziness, requires No. VI, a dose every hour.

LEAD COLIC, No. XI, 2x, full doses every five minutes.

LEGS :—Involuntary jerking, figets, starting in sleep, give No. IX, a dose every two hours.

LEUCHOREA :—The remedies must be selected by the characteristics of the discharge. A watery scalding or irritating discharge requires No. IX, a dose every hour. A yellow greenish, slimy or watery discharge, No. VII, a dose every hour. A tough, white, thick, gluey or stringy discharge, No. V, a dose every hour. If there be a feeble condition of the patient, No. I, may be used alternately, with the other remedy required one hour apart.

LIVER TROUBLES :—If the tongue is dirty look-

ing, brownish-green, or grayish-green coating, during a bilious attack, use No. XI, a dose every hour. If there has been previous hard study, or mental work, alternate Nos. VI, and XI, one hour apart. A slimy, clear and watery tongue, or bubbles of phlegm on its sides, No. IX, a dose every hour. Pain in the right side, light yellow colored stools, a white or grayish coated tongue, or constipation, No. V, a dose every hour. If there is nervous depression, good for nothing feeling, alternate No. VI, one-half hour apart.

LUMBAGO:—Severe pains of rheumatic origin in the small of the back, Nos. IV, and I, alternately one-half hour apart are required, or fifteen minutes apart if very acute.

LUNG AILMENTS:—Inflammation of the lungs may be cured with No. IV, alone, if taken in time, a dose every five to thirty minutes till free perspiration is established and health restored. If the expectoration is whitish and thick, or the tongue back in the mouth is white or grayish, use Nos. IV, and V, one-half hour apart. Should there be wheezing, or loose yellow rattling phlegm or watery matter be coughed up, take Nos. VII, and IV, alternately fifteen to thirty minutes apart. If the phlegm is clear like starch, or white of eggs Nos. IV, and I, fifteen to thirty minutes apart. If the expectorations are foul smelling, or putrid, or the breath is bad, Nos. IV, and VI, fifteen minutes apart. If there is matter, or blood and mat-

ter, Nos. IV, and II, alternately fifteen minutes apart.

MADNESS :—When there is an abnormal disposition to violent passion, tendency to suicide or homicide, or incapacity to reason correctly, use promptly and persistently No. VI, a dose every hour or two. Should there be disturbance of the digestive organs, or bilious symptoms, give No. XI, alternately with No. VI. If the stomach be sour, No. X, a dose of either not less than one hour apart.

MALIGNANCY OF DISEASES :—If with putrid tendencies, gangrene, or blood poisoning, give No. VI, a dose every five minutes till arrested and removed. If with typhoid tendencies, drowsiness, or stupor, No. IX, a dose every five minutes. This applies in any and all diseases.

MEASLES :—In all the stages, for the inflammatory conditions of body, ears and eyes, give No. IV, a dose every fifteen to thirty minutes. If there be excessive tearfulness, or drooling, Nos. IX, and IV, alternately every half hour. For hoarse cough, for all swellings, white or gray fur, red tongue, No. V, alternately with No. IX, every hour. When the rash is slow to come out, or when it has gone back, or the discharges are yellow, thin, slimy, give Nos. IV, and VII, fifteen minutes apart. If the skin is dry and hot, lay on the chest a cloth wrung out of hot water. Let all drinks be cold and all outside applications hot. For after effects, use No. V, every two hours.

MELANCHOLY, give a steady course of No. VI, a dose every hour.

MEMORY:—If signs of failing occur, use Nos. VI, and I, alternately one hour apart. If attended with melancholia, Nos. VI, and IX, alternately one hour apart.

MENINGITIS, is an inflammation of the sheaths that protect the brain and nerves. There is excruciating pain in the head, nape of the neck, or anywhere in which the seat of the disease may be. The tongue is generally red or has a red streak in the middle, use No. IV, a dose every five minutes. If the tongue is coated, (see tongue) for a remedy to alternate with No. IV. If there be drowsiness, use No. IX with No. IV, five minutes apart. If there be spasms use Nos. IV, VIII, and I, alternately five minutes apart. If there be great weakness, use Nos. IV, and VI, alternately five minutes apart.

MENSTRUAL COLIC:—For colic at the period, with severe pain in the forehead or pain on stooping, feverishness or flushed face take No. IV, a dose every five minutes. If the patient be tearful and sensitive use No. VI, every five minutes, or IV, and VI, alternately five minutes apart. The remedy that in most cases is chief, is No. VIII, a dose every five to fifteen minutes.

MENSTRUATION PERIODS:—When there is a sense of fullness or weight with great pain, blood bright red, No. IV should be used for three or four

days before hand, a dose every hour or two as a preventive of excessive congestion. If too late, suppressed or checked, with whitish or grayish tongue, or swelling, use No. V, a dose every hour. If too early, Nos. V, and VI, one hour apart. If the discharge is excessive, dark clotted, tough, or black like, take No. V, a dose every hour. If the periods last too long with the symptoms belonging to No. V, use Nos. V, and VI, one hour apart. When the courses are suppressed should there be a white coated or gray tongue, use No. V, a dose every hour. When there is a yellow coat on the tongue, or if they be too late or too scanty, with a sense of weight and fulness, use No. VII, a dose every hour. For excessive flow caused by heat from too much cover in sleep, No. VII, a dose every hour. When the courses are too frequent take No. I, every two hours between the periods, and No. V, every hour during the periods. Menses delayed in young, bloodless, waxy complexioned persons requires No. I, and V, alternately one hour apart.

MILK:—When poor in quality and scant in quantity, take No. I, a dose every two to four hours. To reduce, as in weaning, take No. XI, every hour.

MILK-LEG:—For the inflamed and swollen veins, take Nos. IV, and V, alternately one-half hour apart. No. I, every two hours as tonic.

MISCARRIAGE, especially in delicate subjects,

threatening, requires Nos. III, and VI, alternately fifteen minutes apart.

MORNING SICKNESS:—Vomiting of stringy, frothy phlegm or watery fluid, take No. IX, a dose every hour. Vomiting white phlegm, No. V, every hour. With vomiting of undigested food No. IV, every hour. Vomiting of sour masses, heart burn, requires No. X, a dose every hour. Bitter taste and bilious stools, No XI, a dose every hour.

MOUTH, sore at the corners, blisters or cracks, take No. XI, every two hours. If in delicate persons, Nos. XI, and VI, one hour apart.

MUMPS is a disease of the parotic glands and sometimes changes its location for the female breasts and the male testicles. If it begins with fever, use No. IV, a dose every fifteen to thirty minutes till the fever abates, then No. V, every hour till the swelling abates and the patient is well. If it goes down use Nos. V, and IX, alternately one-half hour apart till well.

NAILS:—Disposition to bite the nails, requires No. X, a dose every two hours. For defective growth or thick rough nails take Nos. VII, and XII, alternately two hours apart.

NAUSEA:—With brain ailments requires No. VI, a dose every half hour. Nausea with a sick feeling, or weakness mornings, or a creamy golden yellow tongue or tonsils, sour taste or sour eructations use No. X, every hour, with bitter taste,

or greenish gray coating on the tongue or soft palate, No. XI, a dose every one-half to two hours apart.

NAPE OF THE NECK :—Sore, stiff neck from cold requires No. IV, a dose every half hour, also a portion dissolved in hot water and thoroughly rubbed into the seat of the pain. When the glands of the neck are swollen, use Nos. V, and VI, alternately one hour apart. If there is cracking in the neck when moved, generally with tearfulness or watery mouth, No. IX, is the remedy, a dose every two hours. Pains which are very sharp, shooting, moving about, intermittent, and relieved by warmth, requires No. VIII, a dose every fifteen minutes.

NERVOUS AFFECTIONS :—It is important to be able to distinguish a nervous affection from one of an inflammatory one, as sometimes they are very much alike. Nervous symptoms are numerous and widely divergent. They may be known by depression of mind, exhaustion of physical power, mental aberrations, loss of memory, keenness of hearing or sight, making mountains out of mole-hills, irritability, disposition to rock the body or shake the foot or hand. The pains are generally removed or mitigated by warmth, aggravated by light pressure, but alleviated by hard pressure. Pleasant, lively company or anything which arrests the patient's attention and takes his mind from himself, relieves him for the time. A care-

ful attention to the symptoms of individual ailments will enable any one to select the proper remedies. Affections occurring without apparent causes, impatience, irritability, great merriment, dwelling upon grievances, crying over trifles, and for all affections of this nature use No. VI, a dose every hour.

SPASMODIC affections of all kinds are generally cured with No. VIII, a dose every five to sixty minutes. For nerve pains occurring at certain intervals, take No. IX, a dose every two hours. For pains in the bones or periosteum, deep seated use No. XII, every hour.

NEURALGIA SPASMS, from cold without fever requires No. VIII, a dose every five to fifteen minutes, with fever, Nos. IV, and VIII, alternately five to fifteen minutes apart. Neuralgic pains in the head, pain very intense, the same. For neuralgic darting, acute pains in the ovarian region take VIII, and VI, alternately five to fifteen minutes apart. For neuralgia in any part of the body use No. VIII, a dose every five to thirty minutes. For neuralgic pains recurring at certain intervals with drooling or involuntary tears, give Nos. IX, and VIII, alternately five to fifteen minutes apart. All kinds of nerve pains, shooting, darting, very acute in any part of the body, with much flow of saliva, tears, or clear watery mucus, all of these symptoms require No. IX, a dose every five to fifteen minutes. If there is any appearance or resemblance of spasm, alternate with No. VIII, five

to fifteen minutes apart. Neuralgia, with fever heat, pressure, throbbing, or with pain as if a nail were driven in the head, or one-sided in the head, eye or over the temple blinding pain or in the jaw bone, require No. IV, for a remedy a dose every five minutes. If relief is slow coming, alternate with No. X, five minutes apart. Note the tongue in this manner. If the tongue or back of the mouth be yellow, slimy, give No. VII, if creamy golden, No. X, but if white or grayish, No. V. If it is dirty brownish, green or grayish green give No. XI, and for deep seated pain, No. XII, a dose every five to thirty minutes. For neuralgia that begins at night recurring periodically, deep seated as if in the bone, give Nos. I, and XII, alternately fifteen to thirty minutes apart. Should there be throbbing pain, give Nos. I, and IV, fifteen to thirty minutes apart. Neuralgic headache with confusion and nervousness, tearful mood, better during meals, requires No. VI, a dose every half hour or oftener. If the headache is better while lying and keeping the head still (congestive) then take No. IV, a dose every half hour. If the headache be worse on stooping or moving, the eye-balls, No. IV, a dose every half hour, with depression, alternate with No. VI, fifteen minutes apart. Neuralgic pains in any organ, depression, failure of strength, sense of inability to rise or remain up, yet less painful when up or walking, requires No. VI, a dose every hour. Neuralgia with

ill humor, sensitive to light or noise, improved by pleasant excitement, No. VI, a dose every two hours. Neuralgic head-ache with sleeplessness, nervousness, pain worse on stooping or moving the eyeballs, or if the pains be gnawing or tearing use No. IV, a dose every fifteen minutes, threatening paralysis, lameness or numbness, Nos. I, and VI, alternately five to fifteen minutes apart. Neuralgic pains, better with gentle exercise, worse on rising most felt when alone, humming in the ears, failing of strength, require No. VI, every hour or oftener. Neuralgia caused by pressure of the surrounding tissues on the nerves, often with swelling of the parts and worse with warmth of the bed requires No. V, every fifteen to thirty minutes. Neuralgia in the teeth with swelling of the gums, teeth too long and worse from warmth of the bed, give persistently No. V, a dose every five to fifteen minutes. When pains in the teeth are deep seated in the jaw, give No. XII, a dose every half hour. Neuralgia occurring at night, periodical, and deeply seated as if in the bone requires Nos. I, and XII, alternately fifteen minutes apart during the paroxysm, and thirty minutes apart during the intermission. If the pain is throbbing, give Nos. I, and IV, alternately fifteen to thirty minutes apart.

NIGHT TERRORS in children:—They awake with screams, as if in great distress, give No. VI, as constant remedy, every two hours. If the child

is puny alternate with No. I, one hour apart. Note the coating of the tongue and alternate with No. VI, the remedy indicated by the tongue, (see tongue).

NOISES IN THE HEAD:—A rushing, throbbing noise No. IV, a dose every fifteen to thirty minutes. Noises in the head when falling asleep, as if a rocket had been thrown through it, noises in the ears, for all such occurrences which can be traced to nervous causes use No. VI, a dose every two hours. Singing, whining noises in the head or ears in which the pulse is heard, No. IX, a dose every half hour.

NOSE:—Affections with purulent, offensive discharges of matter requires Nos. VI, and XII, alternately thirty minutes apart or oftener. Picking at the nose in children is a worm symptom. No. X, is the remedy, a dose every two hours.

NUMBNESS AND COLDNESS of the limbs with a sensation as if ants were creeping over them require No. I, every two hours. Numbness with blue nails and fingers or toes, Nos. VI, and I, alternately one-half to one hour apart, persistently.

ORCHITIS:—Constant remedy, No. V, a dose every half hour. Alternate with No. I, in debilitated subjects, one-half hour apart.

OVARIAN PAINS, with symptoms of heat or feverishness or flushed face, No. IV, a dose every hour or oftener. Ovarian pains that are very sharp, darting, following the course of the nerve and are

better from applications of warmth, require No. VIII, a dose every half hour. If the patient is nervous or weak alternate No. VI, and VIII, fifteen to thirty minutes apart. Pains chiefly on the left side, No. VII, a dose every fifteen to sixty minutes.

OZOENA, is a fetid ulcer in the nostril, use No. X, as a constant remedy every hour a dose. For the offensive discharge alternate Nos. VI and X one-half hour apart. When the ulcer lies deep or has invaded the bone or percosteum, and there are foul discharges use Nos. XII, and X, one half hour apart, or Nos. XII, X and VI, in alternation fifteen minutes apart. Also syringe the parts with a solution of the remedies used, three or four times a day. If the process of healing is tardy or a hard callus forms, use No. III, with the other indicated remedies every hour or two.

PAINS:—Study well the peculiarities of pain. It is an important factor in diagnosis. Pains are congestive when they emanate from a sore place, or a joint, or when they are caused by movement, and are worse on moving, or when the greater the pressure is made on them the greater the pain or if cold is soothing, all such pains are cured by No. IV, a dose every five to thirty minutes. Nervous pains are generally termed Neuralgia. They are relieved by warmth, are worse with light pressure and better by hard pressure, pain shifting from one part to another, darting like lightning,

coming and going suddenly, intermittent, or are periodical and occur anywhere in the body, for treatment, (see neuralgia).

SPECIAL indications for pains. Pain during rest which exercise removes, or in the left side with flatulent pressure on the heart, bruised feeling and discoloration. Paroxysmal pain followed by exhaustion, great sensitiveness to pain, very happy now and immediately as unhappy, better under excitement and in company, laming pains, worse when rising from a seat, better from gentle exercise, worse from excessive exercise, all this class of pains are cured with No. VI, a dose every five minutes to two hours. Throbbing pains No. IV, every five to thirty minutes. Pains in the head, cold or heat aggravates require No. I, a dose every fifteen minutes.

PAINS deep seated on the bones Nos. I, and XII alternately one-half hour apart. For a pain with a creeping sensation, Nos. I, and X, alternately one-half to one hour apart. When pains are worse at night, give No. I, as an intercurrent remedy with that indicated about one an hour. Pains behind and under the ear, colic, the abdomen feels cold to the touch (when No. VIII, has failed to reduce the severe pain), pains resembling flatulent colic, (caused by great excitement), followed by a sudden cold feeling over the seat of pain, gas from the bowels smelling like sulphur, or pains in the neck, back or limbs, which are period-

ical, worse in the evening or warm room and decidedly better in the cool open air, for all these give No. VII, every fifteen to thirty minutes. Pains very excruciating, in very sensitive persons, or spasmodic, fits of pain in the ends of the nerves, periodic, very acute, better by hard pressure, worse by light touch; shoots along the course of the nerve, pain in the stomach or bowels bending the body double, griping, worse on the slightest movement, clean tongue, all these require No. VIII, a dose every five minutes. If not better in two or three hours, alternate No. I and VIII five to fifteen minutes apart. Pains accompanied with water brash, great flow of tears or drooling, whether constant or periodic, use No. IX, a dose every fifteen to thirty minutes. Pains, cramps or spasms after eating, with sour taste, sour breath or sour stomach, or with creamy, golden yellow coating on the tongue, requires No. X. a dose every hour.

PALPITATION.—With flushed face or feverishness, No. IV, a dose every two hours during intermission, every fifteen minutes during attack. Palpitation with weakness or nervousness, No. VI, every one-half or one hour. When the patient is bloodless, give No. VI and I, alternately one hour apart or oftener. When the breath is short on ascending stairs, when there is anxious melancholy, restlessness or sleeplessness, give No. VI, a dose every hour. When caused

from stomach troubles there is a rush of blood to the heart, or the abdomen is swollen, give Nos. V, and IV, alternately one-half hour apart. Palpitation with indigestion, liver disturbance or flatulence, give No. V, a dose every hour. In anemic subjects, small fluttering pulsations, and blood watery, or in dropical swellings give No. IX, a dose every half hour. Palpitation after food, pale bluish face, creamy, golden yellow tongue or sour taste requires No. X, every fifteen minutes. Palpitation caused by heat with yellow slimy tongue, No. VII, a dose every five to fifteen minutes.

PALSY, PARALYSIS:—Paralysis of the muscles of the face. The mouth is drawn to the sound side, give No. VI, every hour. In creeping paralysis in which the progress is slow and there is a tendency to waste of flesh with loss of the sense of touch threatening, give Nos. VI, and VIII, alternately fifteen minutes apart. Loss of power to move No. VI, a dose every fifteen minutes. Loss of voice, No. VI, every half hour. Paralysis with reduced vital powers, offensive stools, No. VI, every half hour or oftener. All varieties of paralysis partial or general have No. VI, chief and constant remedy.

SHAKING PALSY of the limbs, hands or head is an ailment of the muscles, give Nos. VIII, VI, and I, alternately one-half hour apart.

PERSPIRATION:—Excessive perspiration of convalescents or of the head require No. I, a dose

every half hour. Perspiration of the feet when excessive, heavy odored Nos. XII, and VI, alternately one-half hour apart. Suppressed perspiration requires No. XII, every half hour. Sour smelling perspiration, No. X, every hour. In fevers, when No. IV, don't establish perspiration, give Nos. IV, and VII, alternately a half hour apart. When perspiration is excessive, exhausting with heavy odor, or perspiration during meals with a gone feeling at the pit of the stomach, give No. VI, a dose every fifteen to sixty minutes.

PHOTOPHOBIA, (Intolerance of light):—Give No. VIII, every hour a dose, also wash the eyes with a warm solution of the same.

PILES, (See Hemorrhoids).

PIMPLES, on the face require No. V, a dose every one to two hours. If there is much pain or feverishness alternate with No. IV, thirty minutes apart. If matter forms use No. II, a dose every hour. If they blister and ooze out yellow water, use No. XI, every hour. When there is clear, watery oozing, not matter, take No. IX, a dose every hour. If the discharges are like honey, take No. X, a dose every hour.

PLEURO-PNEUMONIA, PLEURISY:—For the fever, pain or stitch in the side, catch in the breath and short painful cough, give No. IV, a dose every five minutes till all these abate, then use Nos. IV, and IX, alternately one-half hour apart to remove or prevent dropsy. If there is milky, white, thick,

or slimy expectoration give No. V, every hour or oftener.

PNEUMONIA :—This disease rightfully dreaded by the treatment it has formerly had, is easily and safely handled by this Specific treatment. I have never lost a patient with pneumonia. The remedy first, last, and always is No. IV, every five to fifteen or thirty minutes. If the disease is taken at the start and the medicine faithfully given there will be no necessity for any other remedy, but should complications occur they must be met promptly, with proper remedies. These remedies will be clearly indicated by the expectoration. When the sputa is thick, white and lumpy, not transparent, or hard to cough up, coming from low down, give No. V, and IV, alternately one-half hour apart. When the sputa is clear, transparent, frothy, watery, sometimes salt tasted, Nos. IX, and IV, alternately one-half hour apart. If the Sputa is yellow mucus, as soon as coughed loose, slips back and is swallowed, cannot be expectorated, or if it be yellow, slimy, easily coughed up mornings, give Nos. VII, and IV, alternately, one-half hour apart. If the sputa is green, watery or slimy, give Nos. IV, and XI, alternately one-half hour apart. If the Sputa be like the white of eggs, Nos. IV, and I, alternately one-half hour apart. If the sputa coughed up be matter of a greenish yellow color, disagreeable, sweetish taste, or yellow matter mixed with blood, give Nos. IV,

and II, alternately one-half hour apart. If the sputa be heavy, offensive smelling, use Nos. IV, and VI, alternately one-half hour apart. Sputa rusty colored, No. IV, every fifteen minutes.

PROLAPSUS RECTI, is the falling of the mucous membrane of the lower bowel. The constant remedy is No. III, a dose every hour. If there should be much pain wash with a warm solution of No. VIII, and keep the bowel in place. When there is inflammation, alternate Nos. IV, and III, one-half hour apart. If the case is stubborn from great laxness of the muscles alternate Nos. III, and VI, one-half hour apart.

PROLAPSUS UTERI, is treated exactly in the same way as the "Recti." Use the remedies as above, keep the organ in place and keep off the feet as much as possible till cured. When necessary to be up a bandage may be made to support the parts with great advantage.

PROUD FLESH.—Give No. V internally, a dose every hour. Also externally as a wash four times a day.

PUERPERAL (child-bed) Fever. This is a purely nervous disease. No. VI is in this case a perfect specific. A dose to be given every five minutes till decidedly on the mend, then less frequently till cured. Puerperal mania, where illusions, absurd notions or furious madness occur, give No. VI, a dose every fifteen minutes. If convulsions come on, give Nos. VIII and I and VI alternately fifteen minutes apart.

PULSE quick, rapid, full or feverish, requires No. IV, a dose every five minutes to two hours. If intermittent or irregular from debility or too slow, use No. VI, a dose every half hour. Pulse quick, dull, low, throbbing, boring pain, (colic) low down in the sides, disinclination to speak, face pallid, requires Nos. VII and IV alternately fifteen minutes apart.

PURPURA, (land scurvy) requires No. VI, a dose every hour.

PUSTULES, (little boils) No. XII given every hour will perfect the suppuration process and No. II every hour will heal them, after suppuration.

QUINCY (suppurative inflammation of the tonsils.) When anyone is disposed to this affection they should take No. X every two hours till all tendency toward it is gone. When threatened therefore take No. X, as above, as soon as there is inflammation take No. IV, every fifteen minutes, between the doses of No. X. As soon as there is swelling take Nos. V, II, and X, fifteen minutes apart.

RANULA, (A tumor under the tongue) :—Take Nos. IX, and I, alternately one-half hour apart.

RASH in fevers when suppressed, skin harsh and dry, use No. VII, a dose every half hour, to bring them out. Also apply hot cloths wrung out of hot water.

RHEUMATIC fever requires No. X, a continued steady course a dose every half hour or oftener.

RHEUMATISM of the joints, acute pains, requires No. X a dose every hour. If the pain is caused by, or all movements tend to increase the malady, then alternate Nos. IV, and X, one-half hour apart. If worse at night, or aggravated by change of weather, use Nos. I, and X, one-half hour apart. For swollen joints use Nos. X, and V, alternately thirty minutes apart. When the pains shift from one part to another and settle, use Nos. X, and VII, alternately one-half hour apart

RHEUMATIC headache that always comes on at night and in a heated atmosphere, Nos. X, and VII, alternately one-half hour apart. Pains during rest, going off by moving about, Nos. X, and VI, alternately one-half hour apart, with stiffness tending to paralysis the same great pain in the muscles slightly improved by very gentle motion, but aggravated by continued motion, Nos. X, and VI, fifteen minutes apart. If there be excessive watery secretions, the joints crack in chronic rheumatism, Nos. X, and IX, alternately one-half hour apart. Attention to diet is important as rheumatism always comes from an acid condition of the blood.

RICKETS. is a disease of the bones and is the cause of every deformity of the body. It is caused by mal-nutrition and can be evaded, or greatly improved in children by the faithful use of No. I, a dose every one-half to two hours. When there is wasting of flesh and putrid discharges from the

bowels, give Nos. I, and VI, alternately one-half hour apart. If sour conditions occur, give Nos. I, and X, in the same way.

SALIVATION drooling, as in teething requires No. IX, a dose every fifteen to thirty minutes.

SCABS, are nature's protection of denuded spots and should not be rudely removed. If golden yellow, like honey, give No. X, a dose every hour. If mattery, No. II, every hour a dose. If yellow, pus like, No. I, every hour or two, or if white, flour-like, No. V, a dose every two hours. Scabs consisting of dried matter (pus), No. XII, a dose every two hours.

SCARLATINA, when mild, Nos. IV, and V, alternately fifteen to thirty minutes apart till the fever is subdued, then No. V, alone every one-half or one hour, till the cure is complete. In severe attacks begin with Nos. V, and IV, alternately every five to fifteen minutes apart. If the rash is slow to develop, and the fever is very high, give Nos. IV, and VII, alternately, five minutes apart, (and apply clothes wrung out of hot water) till the rash is well out or until the disease subsides. If or when the throat gets sore, give Nos. IV, V, and II, alternately five to fifteen minutes apart till the disease abates or is clearly subdued. If the malignant kind is present or the case should become so, which is easily known, for putridity of the throat, weakness, stupor, give No. VI, a dose every five minutes. For drowsiness, twitchings,

or vomiting of watery substances, No IX, a dose every five minutes. These are to be continued till the disease is arrested and other remedies are clearly indicated as follows: If the rash should suddenly be suppressed, give No. VII, every five minutes, and apply hot cloths till it reappears, then return to the course which suits the symptoms as given above. If the patient is worse at night, the fever rising every evening and subsiding mornings, give No. VI, every five minutes, or Nos. IV, and VI, alternately five minutes apart. If the fever runs very high, Nos. VII, and IV, alternately five minutes apart till the rash is out and the fever subsides. When the rash disappears and the skin peels off, No. VII, a dose every hour or oftener, will develop new healthy skin. For dropsical affections after scarlatina, give No. VII, a dose every half hour.

SCIATICA—Neuralgia of the Sciatic nerve. The pain extends down the leg to the knee, dragging, laming pain, torpor, stiffness, and great restlessness. It is very difficult to move, yet gentle movement relieves a little, give No. VI every half hour. If there are symptoms of gout or if the case is chronic, give No. VI and X alternately one half hour apart. When the pains are darting, shooting, cramp-like, take No. VIII every five to fifteen minutes apart, or Nos. VIII and I alternately five to fifteen minutes apart. When the pains are in the nerve sheaths, give No. XII, a

dose every five to thirty minutes. When there is kidney trouble, gravel, red deposit in urine, No. IX is required with the other remedy indicated, fifteen to thirty minutes apart.

SCROFULA OR STRUMA.—A disease caused by bad nutrition, the foundation of white swelling, rickets, enlarged abdomen, take course of treatment with Nos. X and I alternately one hour apart, or Nos. X and V alternately one hour apart, should there be swelling of abdomen and glands, or should there be occasional diarrhoea. This treatment will cure in growing persons.

SCROTUM, (dropsy) take Nos. IX and XI, alternately thirty minutes apart.

SCURVY, is a scaby, rough condition of the skin, easily cured with No. V, a dose every hour. Should there be tendency to gangrene, give Nos. V and VI alternately every half hour.

SECRECTIONS, sometimes, are the only clue to diagnosis in disease. White or albuminoid, (like white of egg) or stringy, thick, sticky, secretions point to No. V as a remedy, a dose every fifteen minutes to two hours. Secretions from mucous surfaces, as expectorations, stools, leucorrhœa, point to No. I if albuminous (mark the difference between albuminoid and albuminous, like albumen, of albumen). If clear, frothy, transparent, watery, give No. IX, also if excoriating, making the parts sore, give No. IX, whether from mucous or skin membranes. Watery (not sticky) secre-

tions from the skin not cured by No. IX, must have No. XI. Secretions from any mucous surface as the eyes, throat, nose, arms, vagina, or when yellow, yellow-greenish or slimy, require No. VII. When the secretions are cream yellow, like honey, or golden, with sour conditions, give No. X. If greenish, No. XI, if mattery, not slimy No. II. If excoriating, mixed with blood, putrid smelling or heavy odored, No. VI, whether on the skin or mucous membranes.

SEPTIC HEMORRHAGE, blood putrid, requires No. VI, a dose every fifteen minutes.

SHAKING, with cold shivers. Give No. IV, a dose every fifteen minutes.

NERVOUS shivers, requires No. VI, a dose every thirty minutes.

SHINGLES, (See Herpes Zoster.)

SHORT BREATH, from asthma, fatty heart, weakness of heart or nervous exhaustion, when going up stairs or from any form of exertion, requires Nos. VI, and I, alternately one-half or one whole hour apart. When caused from a chill or with feverishness, fanning of nostrils, and oppression, give No. IV, a dose every five minutes.

SHORT SIGHTEDNESS, has been cured promptly by a persistent use of No. IX, a dose every hour.

SICK HEADACHES, with spitting up sour froth, requires No. X, a dose every fifteen minutes. Sick headache, with bad or bitter taste or vomiting of bilious matter, No. XI, a dose every half hour.

Spitting up stringy, clear, watery mucous, Nos. IX, and I, alternately fifteen minutes apart. For sick headache without appetite, back of the tongue is coated white or gray, give No. V, a dose every half hour. Sick headache with vomiting of undigested food requires No. IV, a dose every half hour, (see headache).

SIGHING :—Take No. VI, a dose every half hour.

SKIN AILMENTS :—Hard pimples, white blisters with stringy contents or eruptions covered with flour-like scales, require No. V, a dose every hour. For dry burning skin, itching in the evening, and yellow coated tongue or palate, with dread of hot drinks, little or no sweat, give No. VII, every hour or oftener; also in cases where the skin peels off in large scales from a sticky base, give the same specific. Blisters filled with clear, watery fluids, or easily burst, and scales form readily, sores covered with white scales, these are cured with No. IX, a dose every hour or oftener. Skin of infants chafing generally, oozing, watery fluids requires Nos. IX, and X, alternately one-half hour apart. In skin troubles, if there is much heat, irritation, redness, in the sores, give No. X, a dose every half hour. If there is a tendency to biliousness, or the sores are covered with moist, yellow scabs, or sores contain yellowish water, or resemble erysipelas, give No. XI, a dose every half hour. Eruptions, with

white of egg-like contents, or with yellow scabs require No. I, a dose every hour or oftener. Sores having greasy scales, bad odor, or containing blood, No. VI, a dose every hour. Itching sores, No. VIII, a dose every hour, crusts of yellow matter on a swollen, festering base No. XII, a dose every hour. Hard skin on the palms of the hands with or without cracks, No. III, also locally, a dose every hour. Swelling or enlargement of the glands at the roots of the hair, No. IX, every two hours. If there be inflammation and suppuration No. XII, still followed by No. II, if difficult to heal, a dose every half hour. All skin affections in the first stage or if inflamed, sore or painful require No. IV, a dose every half hour or oftener.

SLEEPINESS ABNORMAL:—Constant and excessive inclination to sleep during acute diseases with twitchings, parched tongue, watery vomiting or if natural amount of sleep is not sufficient, patient wakes tired and unrefreshed, give No. IX, a dose every five minutes to a half hour. Marked drowsiness in bilious diseases Nos. IX, and XI, alternately fifteen to thirty minutes apart.

SLEEPLESSNESS, or wakefulness from any cause is met with No. VI, a dose every half hour. give steadily till relief comes. Chronic wakefulness may require a course of No. VI, a dose every hour till a healthful habit be established. For sleeplessness, and from blood pressure on the brain, alternate Nos. IV, and VI, fifteen minutes

apart. If the stomach is sour, give Nos. VI, and X, fifteen minutes apart.

SLUGGISH CIRCULATION :—Give No. VI, a dose every hour.

SMALL POX, is another dreaded disease which is easily and safely handled by the specific mode. There are several land marks in this disease. There is first the primary fever which requires Nos. IV, and V, alternately fifteen minutes apart. Secondly, the eruptive stage, requiring No. V, alone, every half hour and No. IV, between, often enough to keep the fever from returning. Then sometimes, especially if treatment has not been prompt and persistent, or the patient has taken cold, the eruption disappears prematurely, then give No. VI, every five to fifteen minutes till the rash comes out again, or is driven out of the system. In cases where the pustules run together (confluence) a secondary fever sets in, then give Nos. VI, and IX, alternately five to fifteen minutes apart till suppuration of the pox is well established. Don't forget to throw in several doses of No. IV. Next comes the suppurative stage give No. II, every five to thirty minutes till the scars are healed and healthy skin restored. If the above treatment is faithfully followed, complications will seldom occur. If they do see the headings for particulars.

SMELL—loss of: A perversion of the sense of smell other than from cold requires a course of

No. VIII, every two hours, from cold or catarrh, stuffy, give No. V, fluent No. IX, a dose every thirty minutes to one hour.

SOFTENING OF THE BRAIN :—After inflammatory disease, Nos. V, and VI, alternately one-half hour apart. This kind is very insidious and requires close attention of symptoms, such as forgetfulness and mental weakness, and must have persistent treatment. If there is a hydrocephaloid condition, which may be known by dropsical symptoms in other portions of the body, accompanied with a stupid condition of the head or dullness of mind give Nos. VI, and I, one-half hour apart, (see brain).

SPASMS :—Spasms of the eyelids, (squinting), requires No. VIII, a dose every two hours. Spasmodic cough, like whooping cough, Nos. VIII, and I, alternately, fifteen to thirty minutes apart. Spasmodic cough at night with inability of patient to lie down, requires No. VIII, every hour. Spasm of the throat, can't swallow liquids without choking, give No. VIII, every hour.

SQUINTING, in children requires Nos. VIII, and I, alternately one hour apart. Spasms, convulsions, fits with an acid condition of the system give No. X. For spasms of all descriptions, begin with Nos. VIII, and I, and if these fail No. VI, will follow a dose every fifteen to thirty minutes.

SPINE :—In all ailments of the spinal cord and

brain the constant remedy is No. VI, to be taken, in acute troubles, every hour. The other remedies indicated are to be given between. In ailments of the bony system the constant remedy is No. I, at least every two hours. In weakness of the spine there is often the symptom of softening of the cord, the muscles also partaking of the weakness. Give Nos. I, and VI, alternately one-half to one hour apart. When there is a slow development of, feebleness in walking, gradually more stooping, and unsteady gait in old people, give Nos. VI, and I, one-half hour apart. With stomach troubles, sour risings in the mouth, golden, creamy coating on the root of the tongue, Nos. VI, and X, one-half hour apart.

SPRAINS:—Give Nos. IV, and V, alternately fifteen minutes apart. Squinting in children, requires Nos. VIII, and I, alternately one hour apart. When there are worm symptoms, give Nos. VIII, and X, alternately one hour apart.

STAMMERING:—Give No. VIII, a dose every hour. If the patient is nervous, Nos. VIII, and VI, one-half hour apart. Commence the enunciation of each word or sentence with the teeth closed.

STARTING, from nervousness requires No. VI, a dose every two hours.

STERILITY, almost always caused by acid conditions of the system and acrid leuchorea requires No. X, a dose every two hours or oftener, till the

system, especially the digestive organs are in good condition. If the patient is nervous, alternate No. X, with No. VI.

STIFFNESS, or stiff neck :—When caused from cold or chill, give No. IV, a dose every half hour or oftener. If there should be swelling, give No. V, a dose every half hour.

STINGS of Insects, use No. IX as lotion, also to be taken internally, a dose every thirty minutes. Fresh onion juice is an excellent application on bites and stings of insects.

STOMACH-ACHE :—For all stomach troubles, with a white or grayish coat on back part of the tongue, give No. V, every one to two hours. Stomach-ache, with constipation, No. V, every fifteen to thirty minutes. For stomach-ache from cold or chill, if pressure aggravates the pain, or there are loose evacuations, give No. IV, a dose every five to fifteen minutes. For cramp in the stomach, take No. VIII, in warm water a dose every five minutes, also use warm applications. Stomach-ache, with soreness, or if worms are present, requires No. X, every half hour. In ulceration, pain in a certain spot after food, loss of appetite, give No. X, a dose every hour. Stomach with bilious troubles, No. XI, a dose every hour. Stomach-ache from fright or excitement, No. VI, a dose every half hour. Stomach-ache with much saliva, No. IX, a dose every fifteen minutes, this failing note the tongue. If white,

give No. V, if yellow, No. VII, a dose every half hour, or oftener. When there is a fixed pain in the abdomen between the angle of the hip bone and umbilicus, deep within beside the right hip, give No. VII, a dose every half hour or oftener.

FOR COLICKY pains, which No. VIII does not relieve, give No. VII, every five to thirty minutes. Acute inflammation of the stomach, with enlargement, violent pain, vomiting and fever, requires No. IV, a dose every five minutes. If exhaustion occurs, take Nos. IV, and VI, alternately five minutes apart. For acute or chronic pains in the stomach, with pain or pressure at the pit of the stomach, or on taking food, vomiting of food, take No. IV, from fifteen minutes to two hours apart. Spasmodic cramping of the stomach with clean tongue, No. VIII, a dose every five minutes. When there is a sensation of fullness of the stomach, with yellow, slimy coating of the tongue, take No. VII, a dose every hour. If you want a pleasant life take good care of your stomach.

STOMATITIS THRUSH:—White blisters in the mouth, require No. V a dose every half hour. If there is much saliva take No. V and IX fifteen minutes apart. If breath is bad Nos. V and VI fifteen minutes apart.

STONE IN THE BLADDER.—Give No. I a dose every half hour. If there should be heart-burn or sour stomach, use also No. X, a dose every hour till the stomach is right. As a dietary help

use buttermilk. This treatment has the prevention of reformation of stones so that when those already formed pass off, a cure is effected.

STRAINS, of tendons and ligaments, require Nos. IV, III, and XII, fifteen minutes apart. Stricture (spasmodic) of the bladder, No. VIII, a dose every five minutes.

STUMBLING :—Tripping over trifles, unsteady gait, deficient power over motion, give No. VI, a dose every hour. In aged persons, also in youths, give Nos. VI, and I, an hour apart.

STUPOR in any disease, with low delirium, the brain being the seat of the trouble, requires No. VI, a dose every five to fifteen minutes. Also in fevers when there is drowsiness, dryness of the tongue, or vomiting of water, give No. IX, a dose every five to fifteen minutes.

STYES on the eyelids require No. IV, every fifteen minutes in the first stage, No. XII, to perfect suppuration and heal the sore.

SUFFOCATING feeling during the course of any disease, or in a hot atmosphere, must have cool open air, give No. VII, a dose every fifteen minutes.

SYPHILIS, yellow slimy secretions, worse nights. Give No. VII, a dose every fifteen minutes. Syphilis with a thick white stringy slime, No. V, (chronic), a dose every half hour. When the discharge is abnormal and continues too long, give No. II, a dose every fifteen minutes. If the

edges of sores are callous, and very hard, use No. III, a dose every half hour. For watery exudations, No. IX, a dose every half hour. With continued or tardy suppurations, give No. XII, a dose every half hour.

SUNSTROKE, requires No. IX, a dose every five minutes. Also cloth wet in a weak solution of salt, applied to the back of the neck. When the sweat is abnormal give No. I, a dose every hour. Head sweat, in children, excessive, No. XII, a dose every two hours.

TAPE WORMS, and all others, are destroyed by a course of No. X, a dose every hour.

TEETH:—Decaying too rapidly in delicate folks, No. I, a dose every hour or two. Teething ailments, fretting, require No. I, a dose every hour. Teething too late, all teething troubles, require No. I, a dose every two hours. For convulsions in teething give Nos. I, and VIII, alternately a dose five to fifteen minutes apart. Too rapid decay of the teeth, No. III, a dose every two hours. When the enamel is too thin and discolored, use Nos. III, and X, alternately one hour apart. Teeth becoming loose in their sockets, require No. III, every hour a dose. Convulsions with fever, Nos. IV, and VIII, alternately five minutes apart. Teething with drooling, No. IX, a dose every fifteen to thirty minutes, with feverishness, No. IV, a dose every half hour.

TABES DORSALIS:—Consumption of the spinal

cord, and tabes mesenterica, consumption of the bowels. A wasting disease in which there is a gradually progressive wasting of the part affected, and of the system more or less. Sometimes it affects the whole system without locating on any organ. There is languor and an imperfect hectic. The remedies for both these forms are the same. The constant remedy to be taken all the time is No. I. a dose every hour. If the base of the tongue is yellowish, alternate No. I, with No. X, half an hour apart, also if there should be an acid or sour condition. If the base of the tongue is white or grayish, or if there should be swelling, use Nos. I. and IV, one-half hour apart. If there is nervous depression, use Nos. I, and VI, alternately one-half hour apart.

TEMPERATURE ABNORMAL:—When the bodily temperature is too low, from a low, nervous condition, use No. VI, a dose every half hour. When it has been caused by a chill, Nos. VI, and VII, alternately one-half hour apart. High temperature in disease with great nervous excitement or depression, from specific blood poison, as in specific diseases, typhus etc., require No. VI, a dose every five to fifteen minutes. High temperature with fever, which has no regular evening increase, requires No. IV, a dose every five to fifteen minutes. High temperature of the blood, which rises regularly every evening till midnight, and then begins to decline till morning, needs for a remedy Nos.

VII, and VI, alternately five to fifteen minutes apart.

TERALGIA CREPITOUS:—Creeping of the sinews at the wrist on moving the arm. Give Nos. IV, and V, alternately one-half hour apart.

TESTICLES induration of:—Give No. III, a dose every hour.

TETANUS, lockjaw No. VIII rubbed into the gums every five minutes. Tetanic spasms, No. VIII, a dose every five to fifteen minutes.

THROAT AFFECTIONS:—Ulcerated throat, for redness, congestion, heat, fever, pain and throbbing, give No. IV, a dose every five to fifteen minutes. Sore throat, dry, red, inflamed, No. IV, a dose every five minutes. If the pain is very great, double the doses. When there are white ulcers in the throat, white or grayish patches, much swelling with sore throat, swollen tonsils, or grayish-white tongue, give No. V, a dose every half hour, or Nos. IV, and V, alternately fifteen minutes apart. When, in sore throat the tonsils are covered with a yellow, creamy or gold colored tint, or when there is a sore, raw feeling, with a moist deposit on the tongue, on rising mornings, looking as if brown sugar had just been eaten, or if there is an acid taste, take No. X, a dose every half hour. If there should be feverishness, alternate Nos. X, and IV, fifteen minutes apart. Tickling in the throat causing short cough and effort to swallow requires No. III, a dose

every half hour. When the ulcers suppurate, or there is yellow matter, give No. II, a dose every hour. Inflammation of the mucous lining of the throat with transparent frothy mucous covering the tonsils, requires No. IX, a dose every five to fifteen minutes.

THRUSH, white ulcers in the mouth, give Nos. IX, and V, alternately five to thirty minutes apart. Thrush, with bad breath, Nos. V. and VI, fifteen minutes apart.

TIC DOULOUREUX:—An inflammation of the nerves in the head, give No. IV, every five to fifteen minutes. If the pain is persistent use Nos IV, and I. five minutes apart.

TONGUE:—When the tongue is inflamed, dark-red with much swelling, take Nos. IV, and V, alternately fifteen minutes apart. When suppuration takes place No. II, should be taken, a dose every hour. During the process of suppuration, to hasten and perfect it, take No. XII, a dose every hour. If the tongue after inflammation is hard, give No. III, a dose every hour.

TONGUE COATINGS:—Grayish-white, dryish or slimy, requires No. V. Moist cream, or golden yellow, No. X. Slimy, clear and watery or when small bubbles of frothy saliva cover the sides, No. IX. Yellow, slimy, sometimes with whitish edges No. VII. Dirty brownish green, or grayish green No. XI. Like stale brownish liquid mustard, No. VI. The time to examine the tongue is before

meals, and the place is far back in the mouth. When you cannot get the clue for the remedies from other symptoms, the coating of the tongue decides the remedies, and they are to be taken according to severity of attack, from fifteen minutes to two hours.

TONSILS :—Inflammation of the tonsils, acute or chronic, (see quinsy) require No. X. Acute, with much swelling, Nos. X, and V, alternately fifteen minutes apart. Chronic, sore tonsils, and swollen, No. X, a dose every hour. If the system be debilitated and needs building up alternate Nos. I, and X, one-half hour apart. When supuration is inevitable, take No. XII, every hour, when established, No. II, every hour till well.

TOOTH-ACHE, caused from inflammation of the gum or root of tooth, requires No. IV, a dose every fifteen minutes. Neuralgic tooth-ache or with swollen gums, worse when warm in bed, No. V, a dose every fifteen to thirty minutes. When the tooth is loose or painful when food touches it take No. III, a dose every hour. If very violent at night, when neither heat nor cold gives relief, or when caused by chilled feet, take No. XII, a dose every hour. If heat eases the pain, or if *light pressure increases* the pain and *hard pressure relieves* it, or if the pain is very severe and shooting, No. VIII is the remedy, a dose every five to fifteen minutes. If relieved by cold applications, give No. IV, a dose every five to fif-

teen minutes. Tooth-ache with great flow of saliva or involuntary flow of tears, requires No. IX, every five to fifteen minutes. For tooth-ache worse in the warm room but better in the cool, open air, give No. VII, a dose every fifteen to thirty minutes. For stubborn tooth-ache worse in the night, give Nos. I, and XII, fifteen minutes apart.

TUMORS:—For tumors when hard as a rock, take No. III, a dose every half hour. Tumors on the breast, Nos. III, and V, alternately one-half hour apart, also to be used externally. Bloody tumors with swollen veins, No. III, a dose every hour. Nos. III, and I, in scrawny subjects alternately one hour apart.

TWITCHING of limbs on falling to sleep, requires No. IX, a dose every two hours. Jerking, waking out of sleep, No. XII, a dose every hour.

TYPHOID FEVER, is ushered in with a chill more or less severe, followed by or accompanied with a rise of temperature and followed by great weakness. For the chilly stage give No. IV, every five to fifteen minutes. When brain disturbances, stupor, indifference, great anxiety or restlessness, or bad breath occur, use Nos. IV, (as long as there is feverishness), and VI, alternately five to fifteen minutes apart. As soon as the tongue is coated white or there is tenderness or pressure at the pit of the stomach, or abdomen, or there is swelling in the lower bowels or abdomen, or looseness of the bowels with light yellow ochre colored

stools, any or all these symptoms require Nos. IV, V, and VI, alternately five to fifteen minutes apart. If these symptoms exist with severe aggravations at night use Nos. VII, V, and VI, alternately fifteen minutes apart. Use large doses if the symptoms are bad and continue till you "get there." Twitches with great drowsiness, watery vomiting, require Nos. IX, and VI, alternately five to fifteen minutes apart. When the bowels are ulcerated and the evacuation are of blood or matter, or both, use Nos. VI, II, and XII, fifteen minutes apart, alternately. When convalescence has well set in, use No. I, as a restorer of strength a dose every two hours. This disease is to be closely watched so as to meet every change when it occurs and shorten its course. All harsh measures are injurious. Cathartics, cosmetics and stimulants only waste the strength and render hopeless or greatly endanger the life. If it be necessary to evacuate the bowels use an injection of hot water 98 degrees or 100 degrees Fahrenheit. The patient should be bathed frequently in warm water to relieve the fever, (the higher the fever the hotter the water) and rolled in a clean sheet and be allowed to dry without rubbing. If there be severe headache and delirium put hot cloths about the head also, three times a day. The dieting of the patient is an important matter. In the latter stages and especially in convalescence the patient will eat, when, unless offered, would not

ask for food or drink. Fresh, sweet milk can be given in moderate quantity in any stage of the disease, also good fresh butter milk, beef tea or mutton broth can be given in the later stages when there is great exhaustion, no solid food must be taken as long as there is tenderness in the bowels.

TYPHUS, has a specific in this treatment. In the first stage when there are symptoms of fever, give Nos. IV, and VI, alternately fifteen minutes apart. When nervous symptoms appear, No. VI, every half hour. For sleeplessness, give No. VI, every fifteen to thirty minutes, prostration, No. VI a dose every fifteen minutes. Stupor, twitchings, Nos. IX, and VI, fifteen minutes apart. For partial paralysis, give No. VI, every fifteen minutes. Putrescence, bad breath and fetid discharges take No. VI, for a remedy every five to fifteen minutes, baths and diets as above.

ULCERATION OF BONES :—If there is congestion redness or heat, take No. IV, a dose every half hour. Ulceration on the bone surface (true bone) requires Nos. III, XII, and I, alternately one hour apart.

ULCERS ON THE LIMBS :—In all instances in the inflammatory stages, No. IV, should be used, a dose every fifteen to thirty minutes. For open mattering sores, also of lower limbs, with yellow or bloody matter, give No. II, a dose every hour. Tubercular ulceration of the bowels, evacuations mixed with matter, require No. II, a dose every

hour. Ulceration of the glands anywhere in the body during the formation of matter, requires No. XII, every hour. When the matter is being discharged, give No. II, to heal the sores, a dose every hour. When ulcers harden instead of suppurating or have hard, callous edges, give No. III, a dose every hour. Ulcers with bilious symptoms No. XI, a dose every two hours. All ulcers with creamy yellow secretions, No. X, a dose every hour. Ulceration of the stomach, with sour vomiting of a dark substance like coffee grounds. No. X, a dose every hour. In ulceration of the bowels with evening aggravations, use Nos. X, and VII, alternately one-half hour apart. When the discharge from ulcers is watery, No. IX. a dose every half hour. Ulcers with white scabs, tough or whitish discharges, flour-like scales, or flat ulcers on the eye-ball, requires No. V, a dose every hour.

URETHRA, bleeding from, No. VI, a dose every half hour.

URINE abnormal :—Frequent desire to pass it, with irritation of the bladder, No. X, a dose every hour. Incontinence in children, require No. X, a dose every two hours, if sour stomach is present. For suppression of urine, give No. XI, a dose every half hour. When there is sandy deposit, or sediment gravel, or brick dust sediment, or if in rheumatic or gouty subjects, give Nos. X, and XI, alternately one-half to one hour apart.

Milky, muddy urine with white coating of the tongue and sluggish action of the liver, Nos. V, and X, alternately one hour apart. Retention of urine, No. IV, every fifteen minutes, or both remedies alternately fifteen minutes apart. Dark colored tongue, Nos. V, and X, alternately one hour apart. Incontinence from nervous debility, No. VI, a dose every hour, in children No. IV, a dose every two hours. Urination frequent and copious, sometimes scalding, nervous weakness, requires No. VI, a dose every hour. White, cloudy urine, No. I, a dose every hour. Retention from inflammation, No. IV, a dose every fifteen minutes. Incontinence from muscular weakness of the sphincter, No. IV, a dose every hour. Spasmodic retention, No. VIII, a dose every fifteen minutes.

UTERUS:—Inflammation and congestion for the fever and pain, No. IV, a dose every fifteen minutes. Chronic congestion, enlargement, Nos. V, and III, one hour apart. Sour smelling discharge No. X, a dose every hour. Uterine hemorrhage, bright red blood that coagulates readily, No. IV, a dose every fifteen to thirty minutes. The chief remedy is No. III, a dose every fifteen to thirty minutes. With nervous depression Nos. III, and VI, fifteen minutes apart. Bright, red, thin, watery blood, No. IX, a dose every fifteen to thirty minutes, or Nos. III, and IX, fifteen minutes apart.

UVULA, elongated, causing irritating cough, No. III, a dose every hour. If there is much sa-

liva or drooling, give Nos. III, and IX, alternately one-half hour apart.

VAGINISMUS:—Inflammation, pain and heat, No. IV, a dose every fifteen to thirty minutes. For spasmodic contraction, give Nos. VIII, and III, alternately one-half hour apart.

VARICOSE VEINS:—Enlarged blood vessels, give No. III, a dose every hour, also apply locally.

VERITIGO. from biliousness, requires No. XI, a dose every hour. Veritigo from nervous ailments No. VI, a dose every half hour, from blood pressure, No. IV, a dose every half hour.

VITALITY depressed, worse nights, at onset of the disease, paleness of face, absence of pain, (especially miasmatic,) requires No. VII, a dose every hour. Depressed vitality from nervous ailments, No. VI, a dose every hour. After acute disease, No. I, a dose every hour.

VOICE, impaired by exertion in singing, No. IV, a dose every half hour. Also with exhaustion, feeling or nervous depression, No. VI, a dose every half hour. For hoarseness from cold with white tongue, No. V. every hour. Hoarse as in croupy cough, talking fatigues, and yellow palate No. VII, a dose every hour.

VOMITING, of food shortly after eating, Nos. IV, and III, alternately one-half hour apart. Food undigested, with sour fluids, No. IV, a dose every half hour, especially before and after meals. For vomiting of blood, take Nos. IV, V, and X, alter-

nately one-half hour apart. Vomiting or hawking up thick white phlegm No. V, a dose every half hour, vomiting of blood thin, dark, black like coffee grounds, No. VI, a dose every fifteen minutes, vomiting of transparent watery fluids (not sour) or phlegm, or stringy mucous, or froth, or mucous with constipation, No. IX, a dose every half hour. Vomiting of sour fluids (not food. No. X, a dose every half hour, to be followed by a course of No. IV, a dose every hour. Bilious vomiting, vomiting of greenish fluids, or with morning sickness with bitter taste, No. XI, a dose every half hour.

WARTS, on the hands use No. V. Put a powder size of a pea in a tablespoonful of water as a lotion, keep the wart moist with (on lint) till the wart comes off. Take also four doses of No. V, a day,

WATER BRASH, with sour taste, give No. X, a dose every hour, when not sour, No. IX, a dose every hour.

WEAKNESS or general debility, requires Nos. I, and VI, alternately one hour apart.

WEARINESS, with desire to lie down, give No. VI, a dose every hour. Bodily fatigue, No. IV, a dose every hour.

WHEEZING, hard cough, difficult to cough up, No. V, a dose every fifteen to sixty minutes. Rattling, loose, clear, frothy phlegm, No. IX, a dose every fifteen to sixty minutes. Yellow, slimy, expectoration, No. VII, a dose every half hour.

WHITES, (See Leucorrhoea.)

WHITE SWELLING :—No. I, is the constant remedy to be taken all the time a dose every two hours. Take other remedies needed between the doses. If the joints are involved, alternate with No. X.

WINDPIPE :—For spasmodic closing of windpipe use No. VIII, a dose every five minutes. Windpipe with irritation, soreness, pain and burning, No. IV, a dose every fifteen minutes.

WINTER COUGH, bronchials :—Transparent secretions, Nos. IX, and I, alternately fifteen to thirty minutes apart. Avoid cold and dampness, as much as possible. If cough is attended with fever, use No. IX, till the fever subsides, a dose every fifteen to thirty minutes.

WORMS, require No. X, every two hours or oftener. If there is tendency to passing undigested food, alternate with No. IV. When the tongue is white, alternate with Nos. X, and V, an hour apart.

WRITER'S CRAMP, use Nos. VIII, and VI, alternately one-half hour apart.

YAWNING :—Hysterical Yawning requires No. VI, a dose every hour. For yawning with excessive spasmodic straining or drawing, give No. VIII, a dose every half hour.

YELLOW FEVER, use No. XI, as constant remedy a dose every half hour. While there is fever use Nos. XI, and IV, fifteen minutes apart. With weakness, Nos. XI, and VI, fifteen minutes apart.

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ERRATA.

On pg. 5, 7th line, 2nd word, read and.

On pg. 5, 8th line, 4th word, for fearfully read fear-
ssly.

On pg. 6, 7th line from bottom, read cannot be.

On pg. 7, 3rd line, 1st word, read but.

On pg. 11, 5th line from bottom, before means
ead (!).

On pg. 12, 9th line from bottom for X read XII.

“ 13, 2nd “ top for continuous, read
ontusions.

On pg. 18, 14th line, 3rd word, read wateriness.

“ 20, 15th line, 1st word, read wonted, last
word read intercurrently.

On pg. 24, 10th line, 2nd word, read Cancrum.

“ 25, 3rd line, for inturation read trituration.

“ 27, 13th line for than read then.

“ 28, 12th line for warm read worm.

“ 34, 3rd line, 1st word read constriction.

“ 39, 1st “ “ read for.

“ 71, 13th “ 8th word, read tongue.

“ “ 22nd “ 4th “ “ flushed.

“ 73, 14th line, 7th word, read parotid.

“ 102, 3rd line, 1st 2 words read tenalgia crep-
tans.

“ 105, 4th line, from bottom, 7th word, read on.

“ 108, 7th line from bottom, 3rd word, read
ncontinence.

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